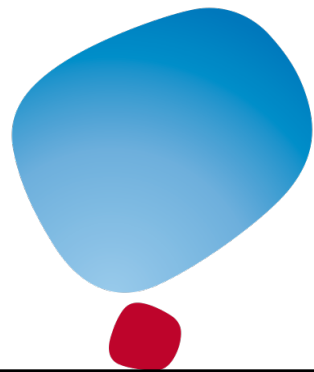


Polykystose rénale autosomale dominante



Philippe Yale, M D
Le 12 mars 2018

Conflits d'intérêt



Otsuka

Tolvaptan

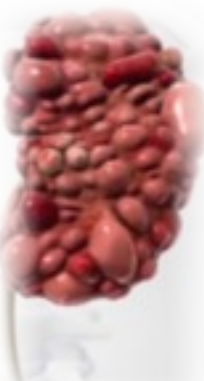
janssen



MERCK

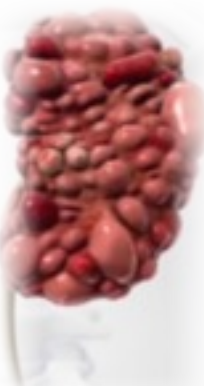


SERVIER



Objectifs

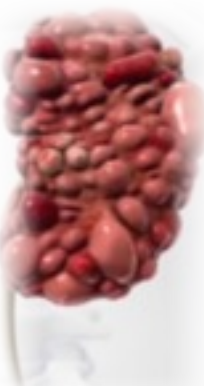
- Reconnaître les différentes manifestations des complications de la polykystose rénale
- Évaluer les risques de progression de la maladie
- Citer les données probantes sur l'efficacité et l'innocuité des traitements publiés dans le consensus d'experts canadiens
- Donner des conseils pratiques sur la référence en néphrologie pour les patients atteints de polykystose rénale



Plan

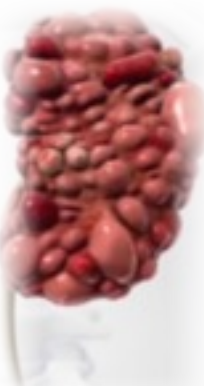


- Introduction sur la polykystose
- Évaluation diagnostique
- Traitement



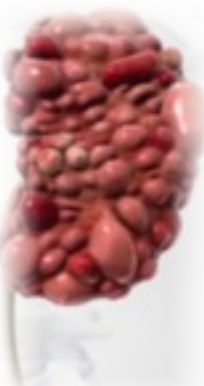
Étiologies de l'IRC

1. Néphropathie diabétique
2. Pathologies kystiques
3. Glomérulonéphrites
4. Néphropathie hypertensive



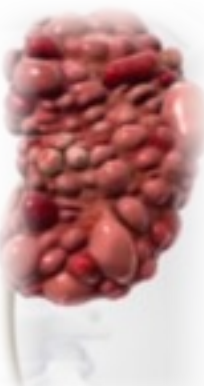
Étiologies de l'IRC

1. Néphropathie diabétique
2. Néphropathie hypertensive
3. Glomérulonéphrites
- 4. Pathologies kystiques**



Épidémiologie

- Maladie génétique rénale la plus fréquente
- Atteint 1/500 à 1/1 000
- IRC terminale
 - ♂: 54 ans
 - ♀ : 58 ans
 - 10-15% des dialysés



Assessing Risk of Disease Progression and Pharmacological Management of Autosomal Dominant Polycystic Kidney Disease: A Canadian Expert Consensus



Dr Daniel Bichet



Dr Ahsan Alam



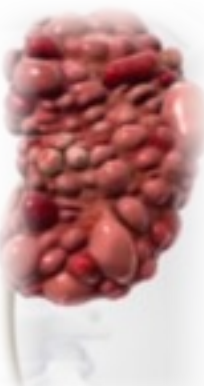
Dr Rolf Loertscher

Lakeshore

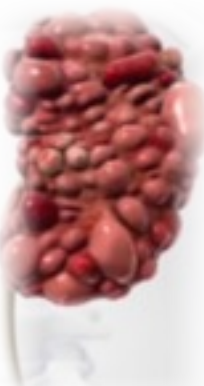


Pathophysiologie

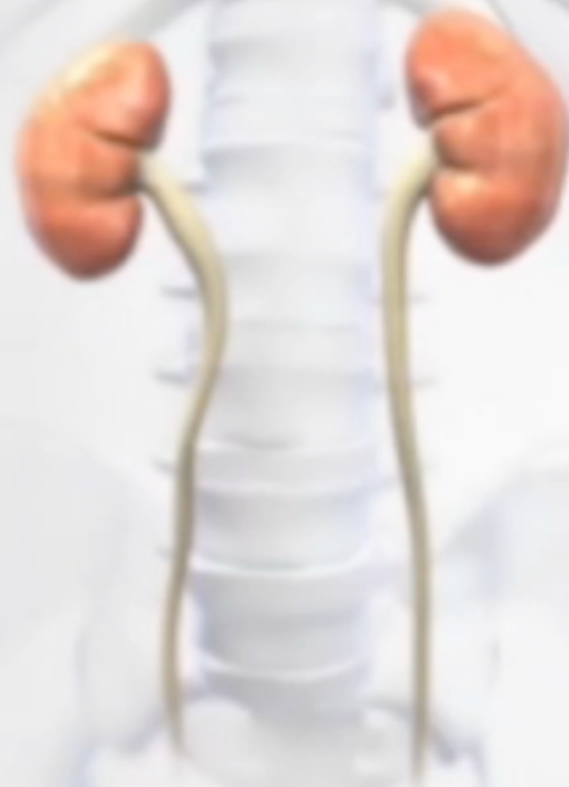
- Mutation PKD
 - Polycystine
 - Perte de reconnaissance de polarité planaire → multiplication accélérée
 - Kyste séparé du tubule qui continue de croître et accumule du fluide
 - Prolifération surtout au tubule collecteur au niveau des cellules principales et dans les canaux biliaires intra-hépatiques
 - Croissance des kystes → ischémie du parenchyme → IRC



Pathophysiologie



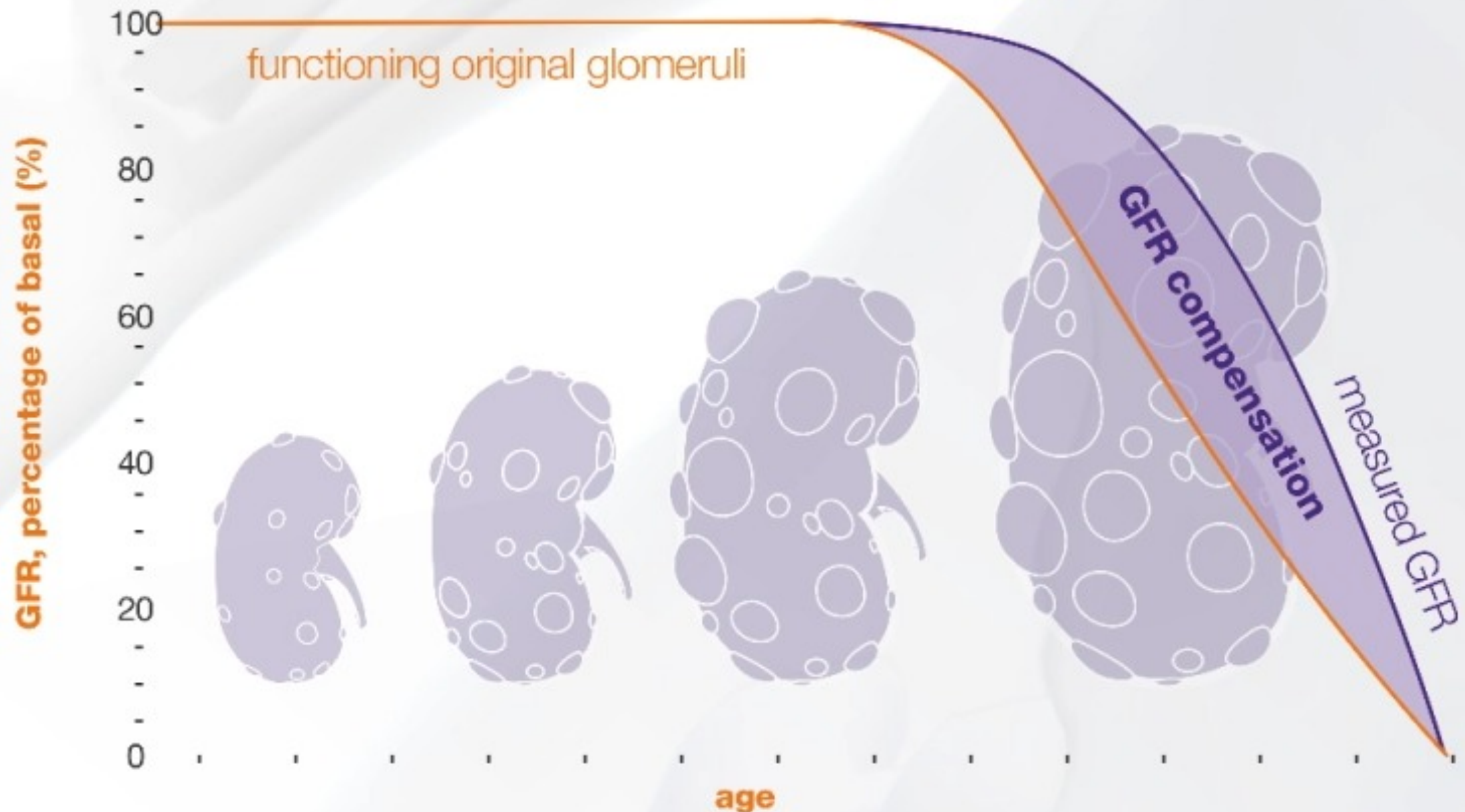
Pathophysiologie



Pathophysiologie

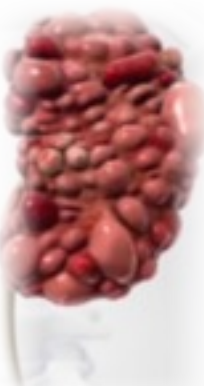
kidney function decline delayed by

compensatory hyperfiltration



Pathophysiologie

- Gène PKD 1 (16p13.3): Polycystine 1
 - 90% des mutations
 - Plus de kystes plus tôt
 - IRC terminale vers 55 ans
 - 2 323 mutations connues
- Gène PKD 2 (4q21): Polycystine 2
 - 10% des mutations
 - Moins sévère
 - IRC terminale vers 79 ans
 - 278 mutations connues

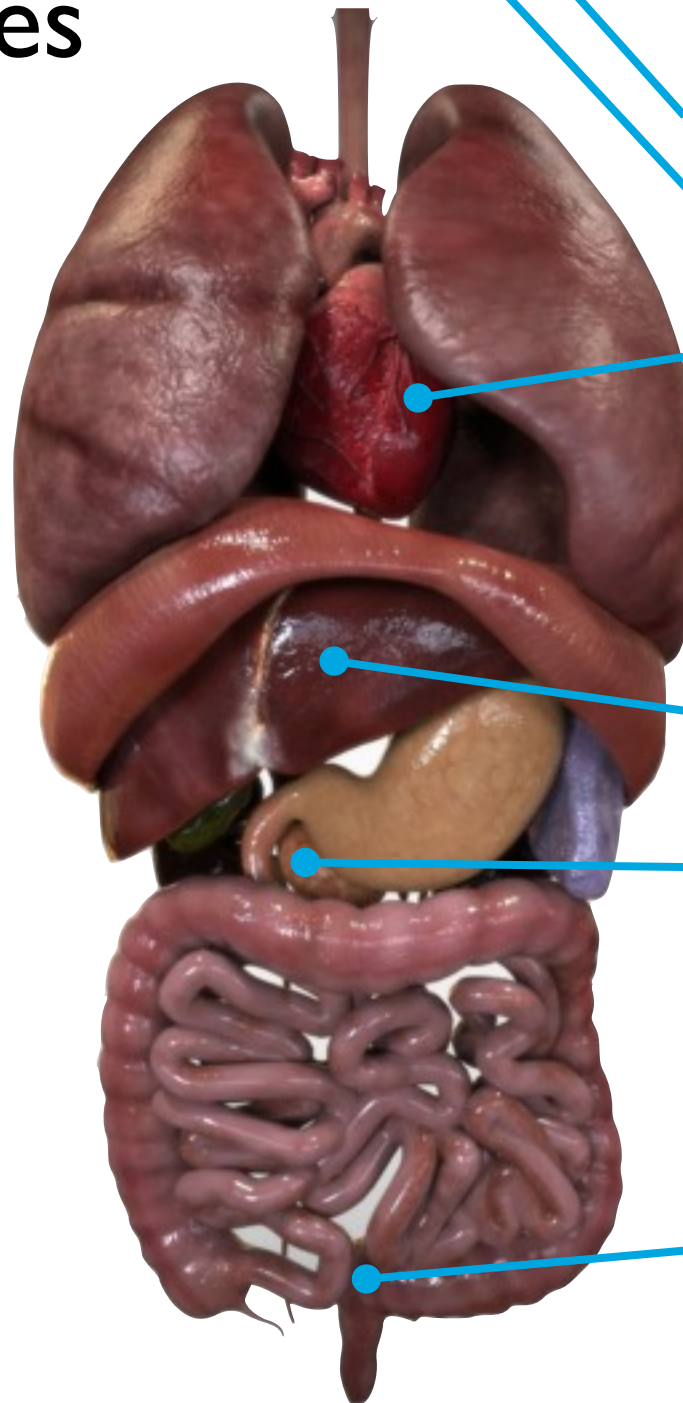
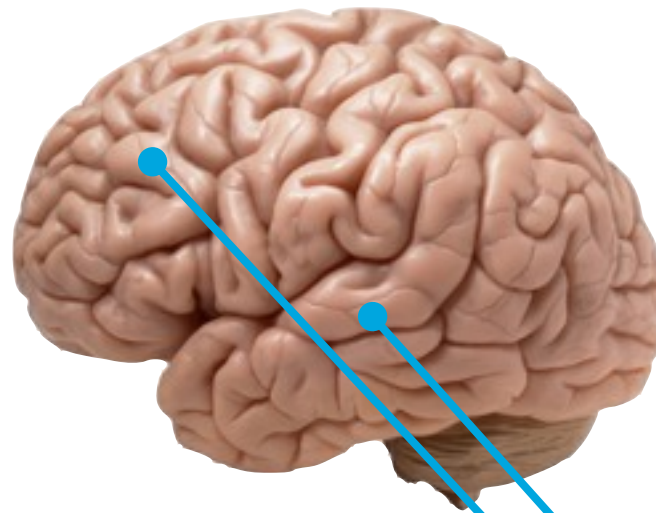


Manifestations rénales

- Douleur
- Lithiases
- Saignements
- Kystes infectés
- HTA
- IRC

Manifestations extra-rénales

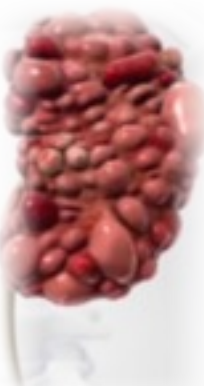
- Anévrismes intracrâniens
- Kystes arachnoïdiens
- Prolapsus mitral, racine aortique
- Kystes hépatiques
- Kystes pancréatiques
- Kystes vésicules séminales



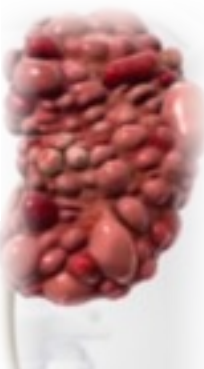
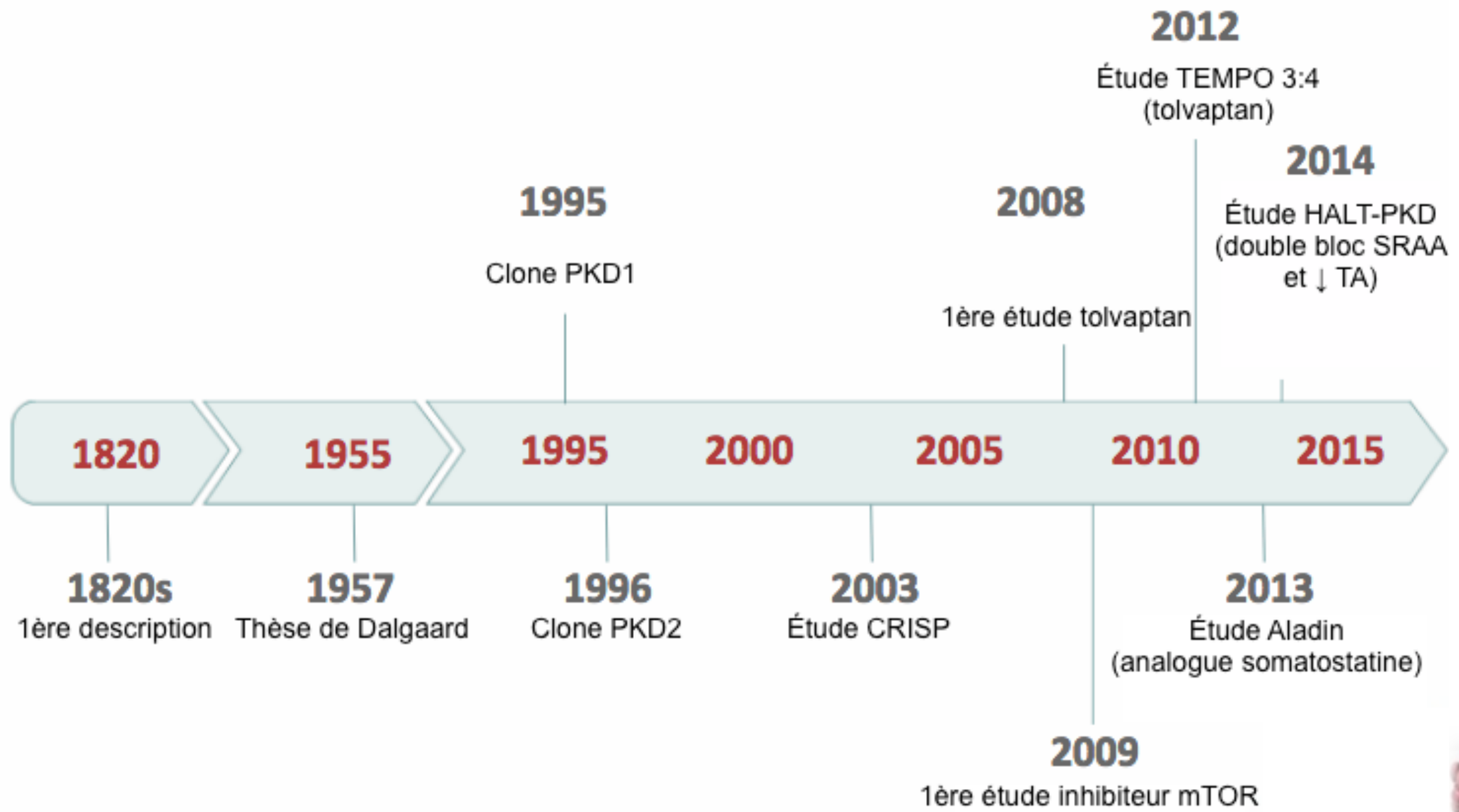
Historique

En quelle année fut décrite la polykystose rénale?

- Égypte antique
- Rome
- 19e siècle
- 1964



Historique



Diagnostic

Diagnostic initial



Risque de progression

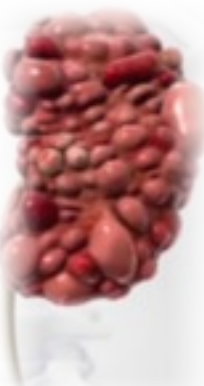


Traitement

Volume rénal total (VRT)



Classification



Diagnostic Initial

Diagnostic initial

- Imagerie

- Échographie: diagnostic initial

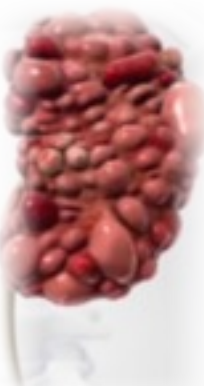
- Innombrables kystes
- Kystes hépatiques

Si FHx +:

15-39 ans	≥ 3 kystes
40-59 ans	≥ 2 kystes / rein
≥ 60 ans	≥ 4 kystes / rein

- Précision sur la taille: IRM / CT

- Histoire familiale

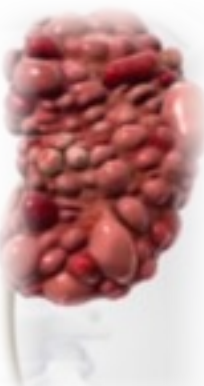


Diagnostic initial

Diagnostic initial

Quel est le volume normal d'un rein?

- 18 mL
- 120 mL
- 170 mL
- 415 mL



Diagnostic

Diagnostic initial



Risque de progression

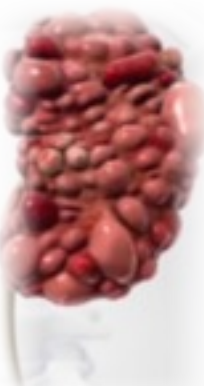


Traitement

Volume rénal total (VRT)



Classification

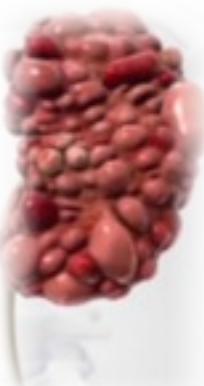


Diagnostic

Risque de progression

Volume rénal total (VRT)

Classification



Diagnostic

Évaluation du risque de progression

- Classification

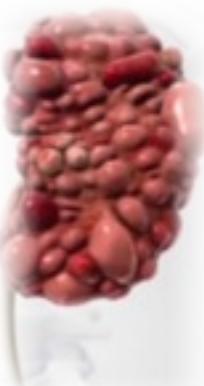
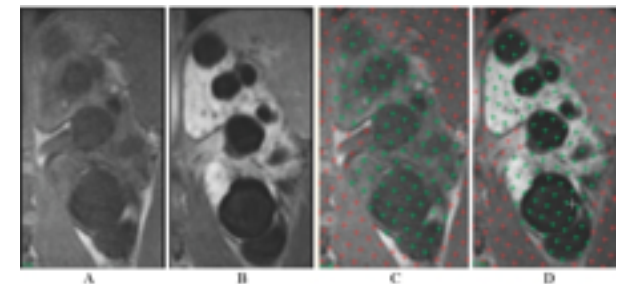
- Clinique Mayo

- Classe 1 ou 2 (risque faible)
- Classe IA à IE

- Volume rénal total (VRT)

- Stéréologie (gold) ou ellipsoïde (IRM > CT) (simple et équivalent): VRT > 750 mL
- Écho: longueur > 16,5 cm ~ 750 mL

Risque de progression



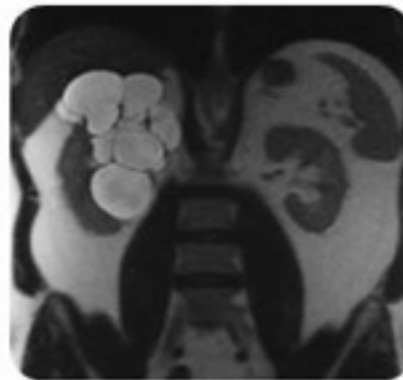
Diagnostic

Évaluation du risque de progression

- Classe I: typique: risque de progression
- Classe II: atypique: faible risque



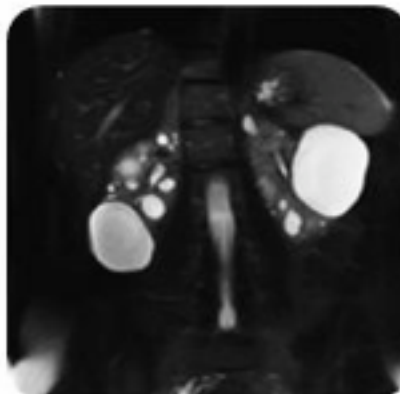
Unilatéral



Segmentaire



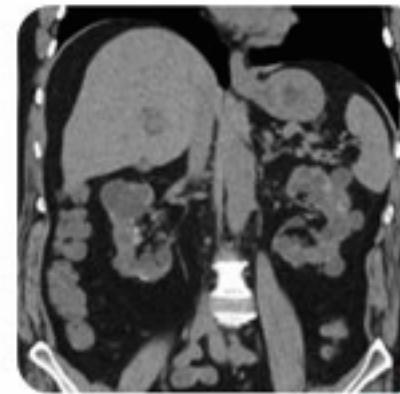
Asymétrique



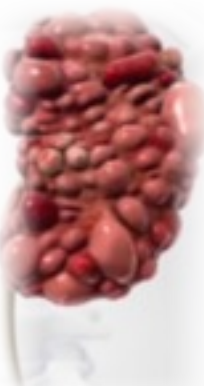
Périphérique



Bilatéral avec
atrophie unilatérale



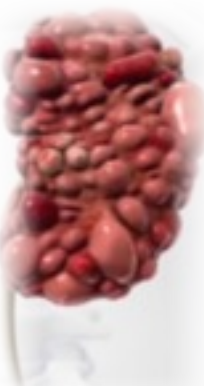
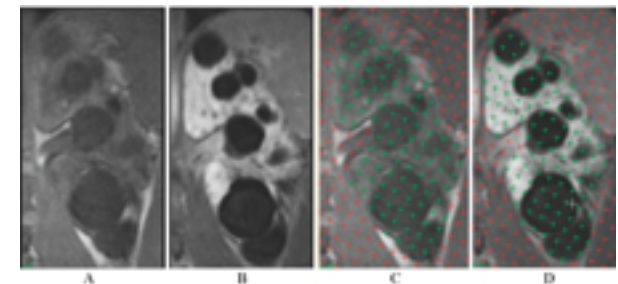
Bilatéral avec
atrophie bilatérale



Diagnostic

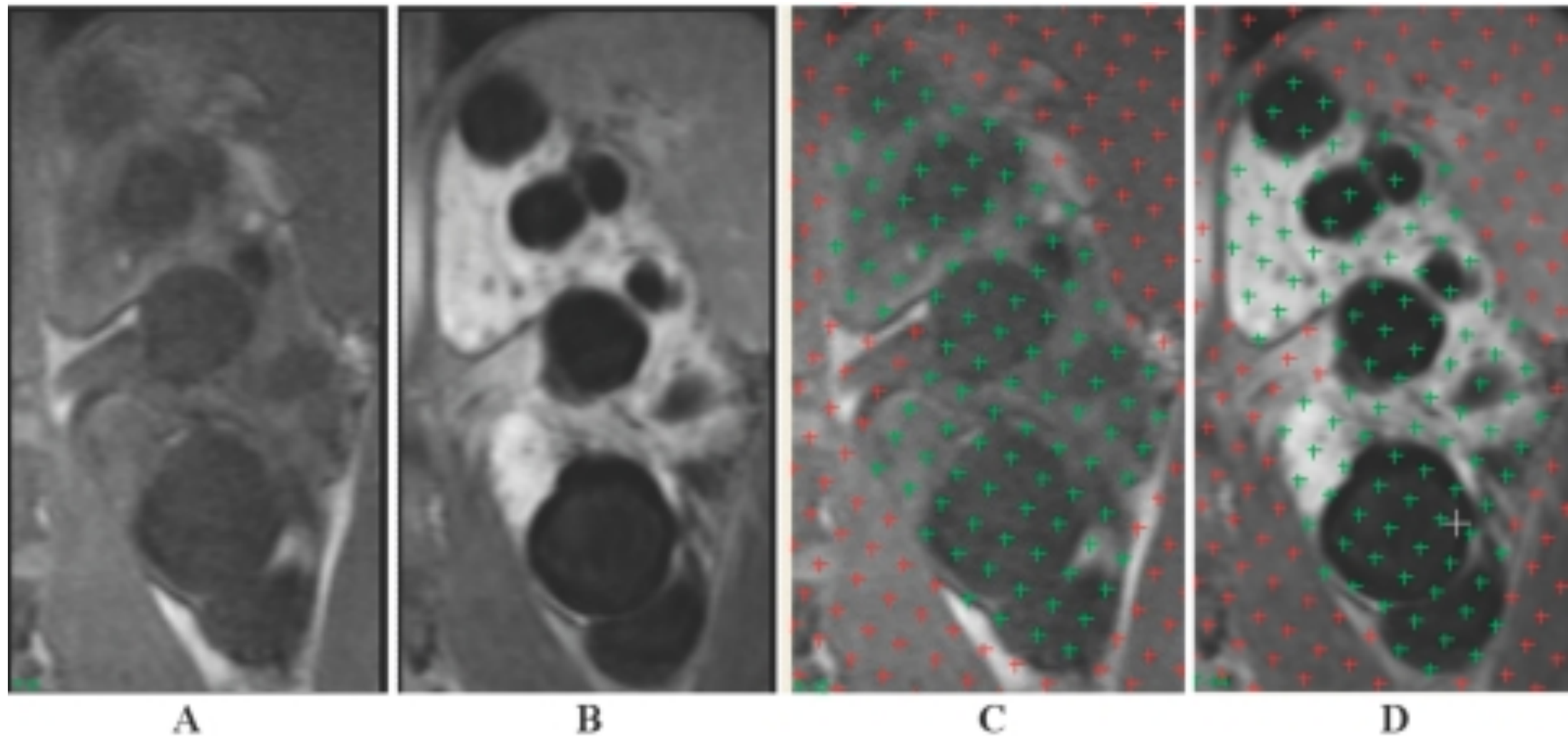
Évaluation du risque de progression

- Classification
 - Clinique Mayo (figure)
 - Classe 1 ou 2 (risque faible)
 - Classe 1A à 1E
- Volume rénal total (VRT)
 - Stéréologie (gold) ou ellipsoïde (IRM > CT) (simple et équivalent): TKV > 750 mL
 - Écho: longueur > 16,5 cm ~ 750 mL

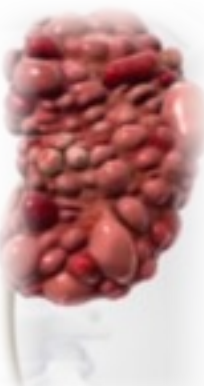


Diagnostic

Évaluation du risque de progression

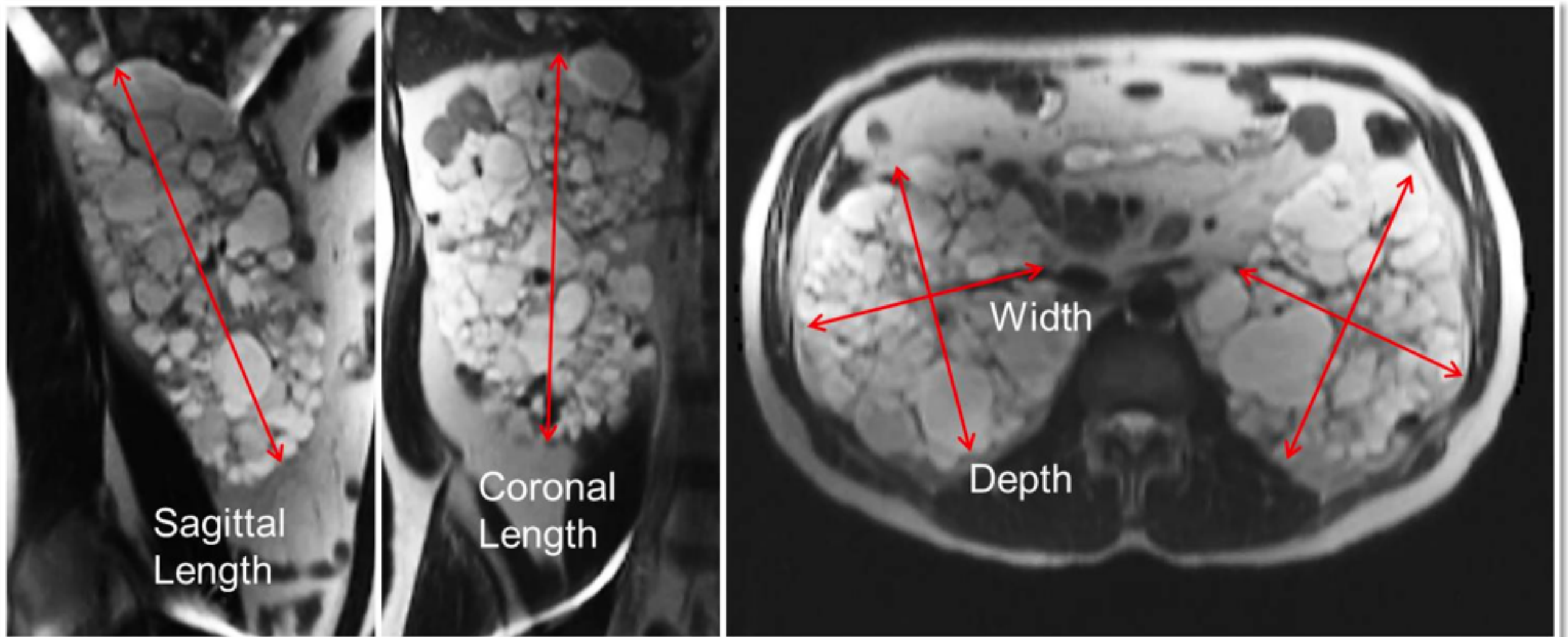


Stéréologie



Diagnostic

Évaluation du risque de progression

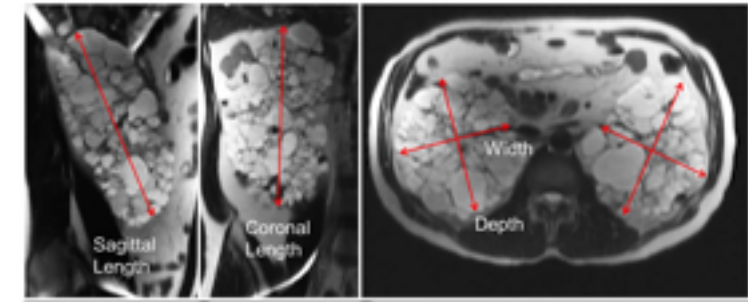


Ellipsoïde



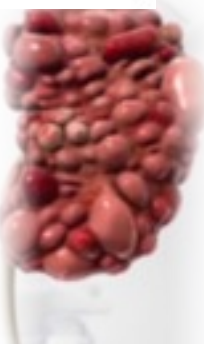
Diagnostic

Évaluation du risque de progression



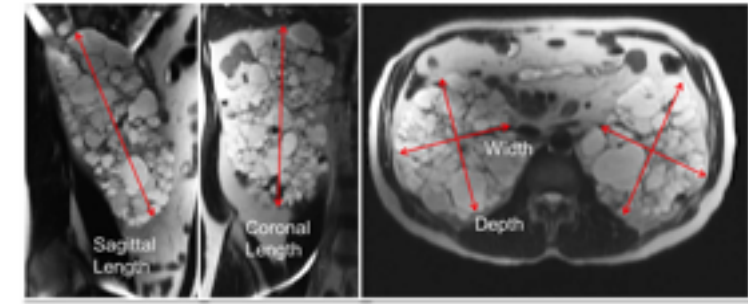
1 Kidney Volume Calculator based on Ellipsoid equation ($\pi/6 \times L \times W \times D$) from MRI or CT image			
Required Data Entry			
Right Kidney		Left Kidney	
Sagittal Length (mm)		Sagittal Length (mm)	
Coronal Length (mm)		Coronal Length (mm)	
Width (mm)		Width (mm)	
Depth (mm)		Depth (mm)	
Calculated Results			
Right Kidney Volume (mL)		Left Kidney Volume (mL)	
		Total Kidney Volume (mL)	
Clear All		Calculate Volumes	

Ellipsoïde



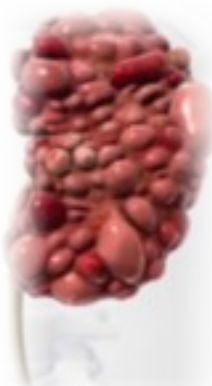
Diagnostic

Évaluation du risque de progression



2 ADPKD Classification using Kidney Volume Calculator	
Required Data Entry Patient Height (m) Patient Age (years) Clear All	Calculated Results Height Adjusted TKV (mL/m) ADPKD Classification Calculate Classification

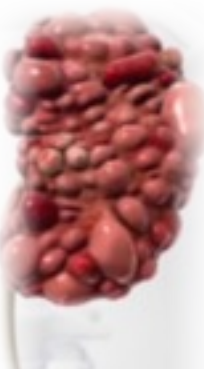
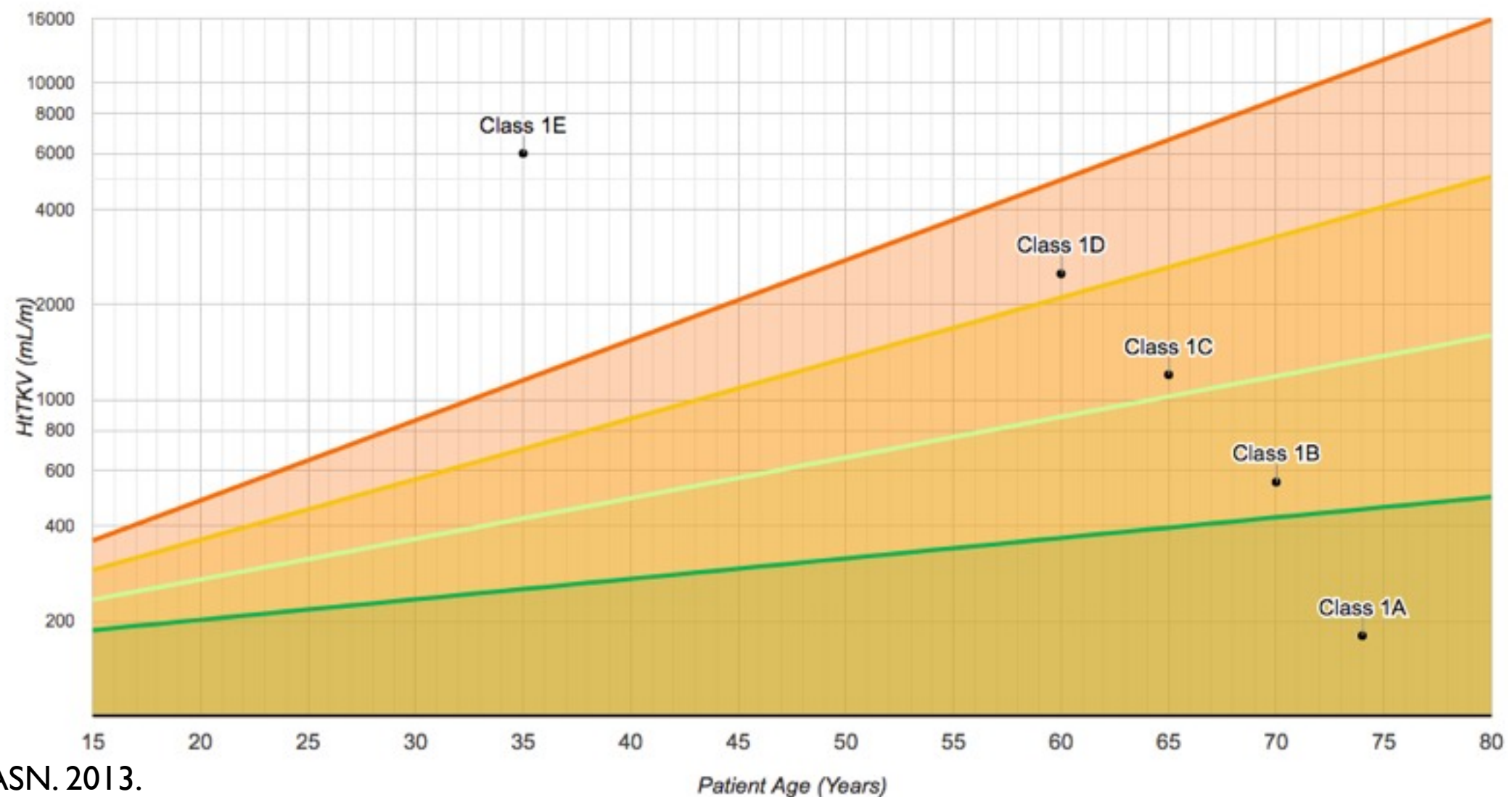
Ellipsoïde



Diagnostic

Évaluation du risque de progression

- Classe I: typique: classification de Mayo

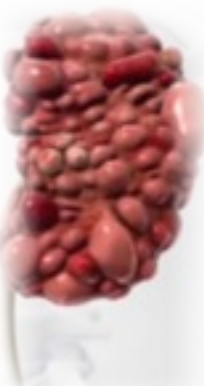


Diagnostic

Évaluation du risque de progression

- Classe I: typique: classification de Mayo

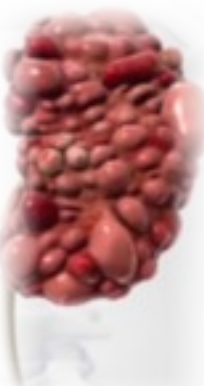
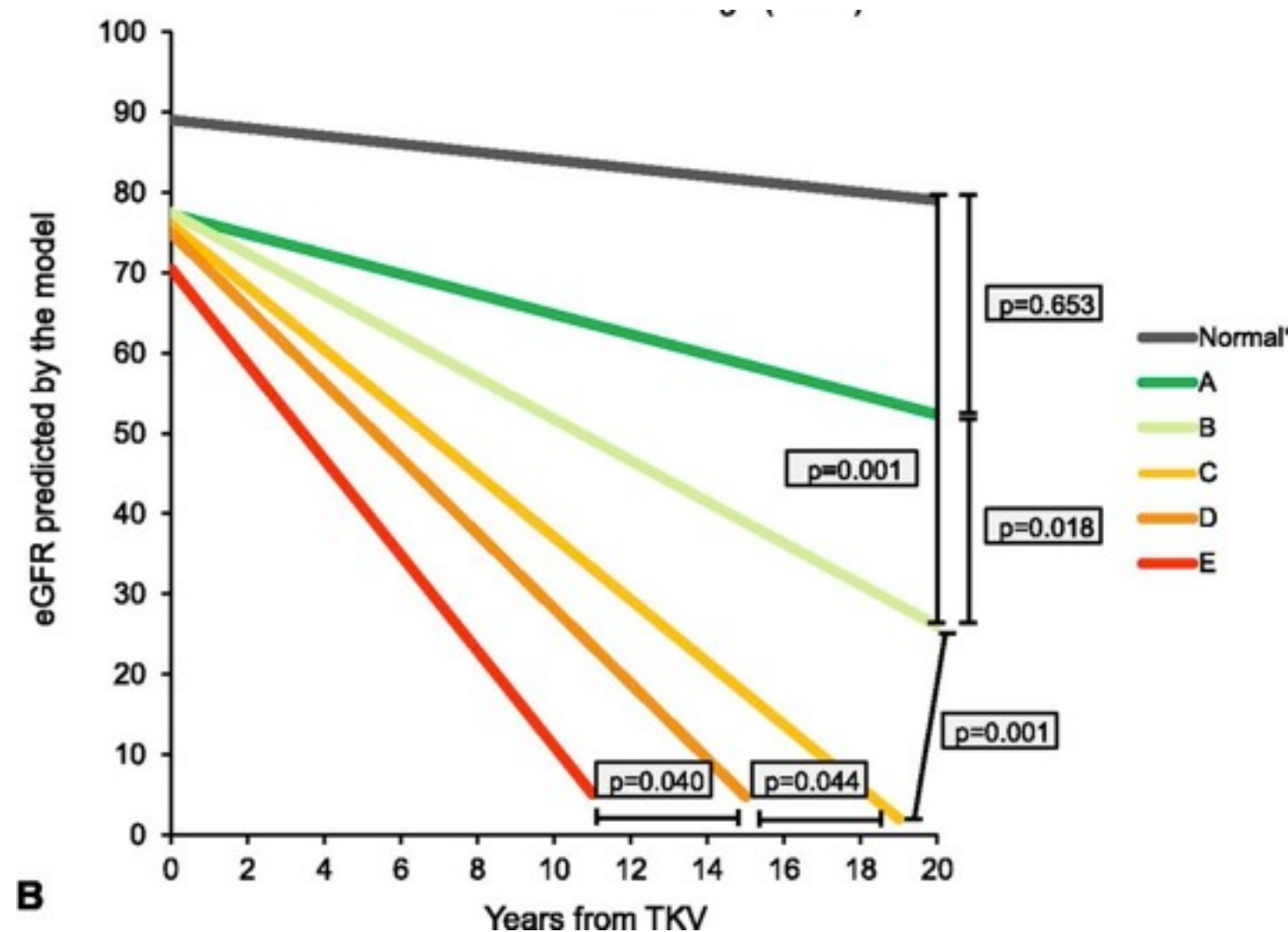
	↑ VRT/an
IA	< 1,5 %
IB	1,5 - 3 %
IC	3 - 4,5 %
ID	4,5 - 6 %
IE	> 6 %



Diagnostic

Évaluation du risque de progression

- Classe I: typique: classification de Mayo



Diagnostic

Évaluation du risque de progression

- Outils en ligne



Using TKV Using Dimensions

Does this patient have typical morphology of ADPKD (diffuse, bilateral cystic involvement)?

Yes

No

Total Kidney Volume, both kidneys (TKV)

Unanswered ml

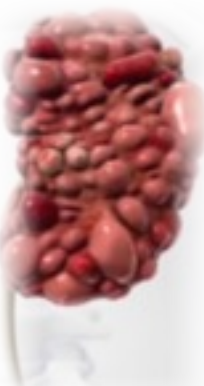
Patient Height

Unanswered m

Age at time of imaging

Unanswered Years

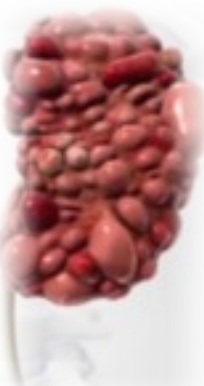
Results



Diagnostic

Évaluation du risque de progression

- Exemple: Mme Tremblay
 - ♀ 32 ans, polykystose à l'écho
 - Mère polykystique, HD à 52 ans
 - 1 soeur polykystique, ø IRC à 35 ans
- IRM:
 - Morphologie typique (classe I)
- Volume rénal total (ellipsoïde): 1281 mL



Diagnostic

Évaluation du risque de progression

Using TKV

Using Dimensions

Does this patient have typical morphology of ADPKD (diffuse, bilateral cystic involvement)?

Yes

No

Total Kidney Volume, both kidneys (TKV)

1281

ml



Patient Height

1.63

m



Age at time of imaging

32

Years



Diagnostic

Évaluation du risque de progression

Results

HtTKV

785.9 mL/m

Mayo Clinic Class

1D

Risk of Renal Progression

High risk, interventions to delay renal decline should be considered

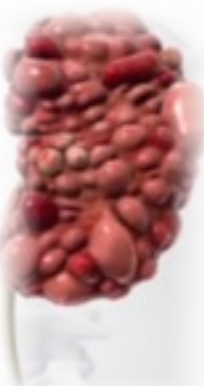
Estimated Frequency of ESRD at 10 years (from study cohort)

47.1%

Diagnostic

Évaluation du risque de progression

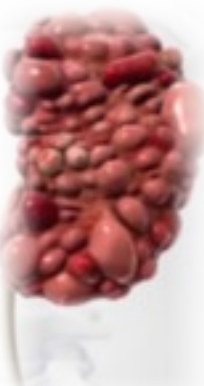
- Exemple: Mme Tremblay
 - ♀ 32 ans, polykystose à l'écho
 - Mère polykystique, HD à 52 ans
 - 1 soeur polykystique, ø IRC à 36 ans
 - IRM:
 - Morphologie typique (classe I)
 - Volume rénal total (ellipsoïde): 1281 mL
 - Analyse
 - Sous-classe ID
 - Risque d'IRCT à 10 ans: 47,1%



Polykystose autosomale dominante

Évaluation du risque de progression

- Imagerie sérieée
 - Pas recommandé
 - Si VRT $\uparrow > 5\%$ / an, haut risque



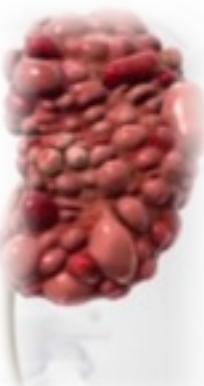
Polykystose autosomale dominante

Évaluation du risque de progression

- Autres facteurs

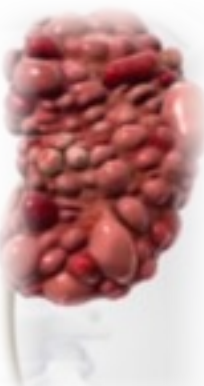
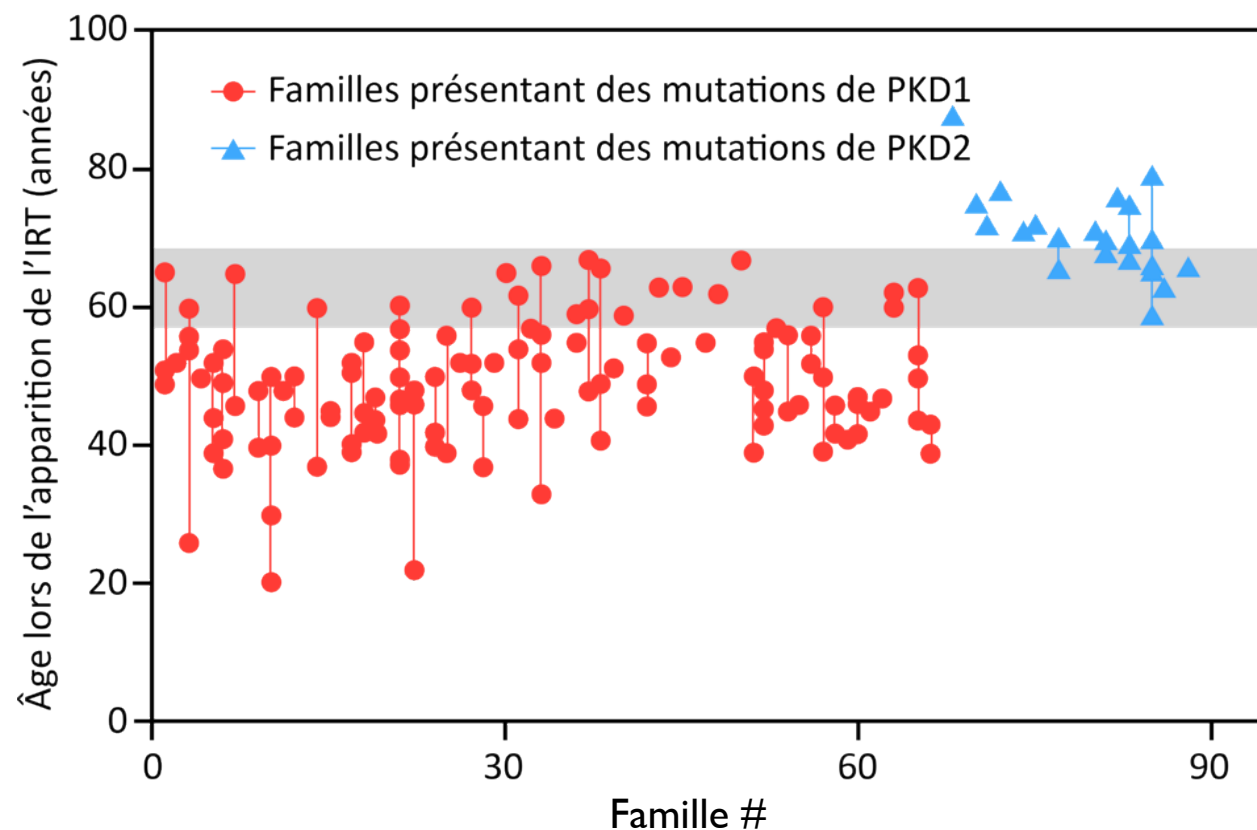
Table 5. The PROPKD Scoring System.

Factor	Points
Male	1
Hypertension before age 35 y	2
First urological event before age 35 y	2
<i>PKD2</i> mutation	0
Nontruncating <i>PKD1</i> mutation	2
Truncating <i>PKD1</i> mutation	4



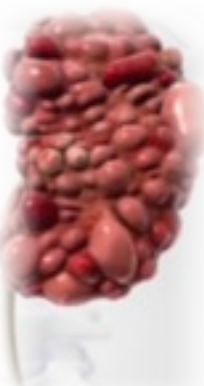
Rôle du dépistage génétique

- Prédiction selon l'histoire familiale
 - 1 personne IRCT < 58 ans: PKD 1
 - 1 personne IRCT > 68 ans: PKD 2



Rôle du dépistage génétique

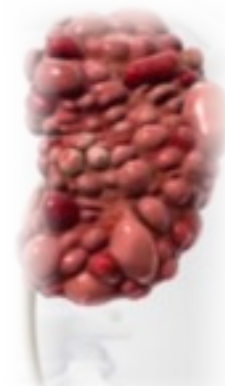
- Ne pas tester lorsque
 - L'imagerie est claire
 - L'imagerie familiale est claire
 - Manifestations extrarénales
- Envisager lorsque
 - Évaluation du donneur vivant
 - Présentation atypique et absence d'histoire familiale
 - Conseils prénataux



Diagnostic

Résumé

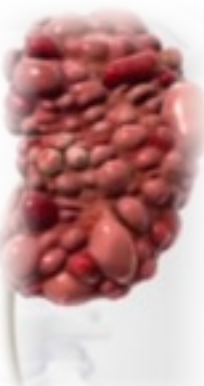
- Référer en néphrologie afin d'établir le risque et l'indication de traiter
- Dépistage génétique
 - Non, sauf circonstances particulières
- Imagerie
 - Établir Classe typique (I) ou atypique (II)
 - Si classe I, établir le volume avec l'équation ellipsoïde (IRM, CT) ou longueur à l'écho
 - Répéter au maximum 1x/an
 - Établir risque de progression
 - Classification de Mayo
 - Gain volémique > 5%/an



Traitement

Concernant le traitement de la polykystose

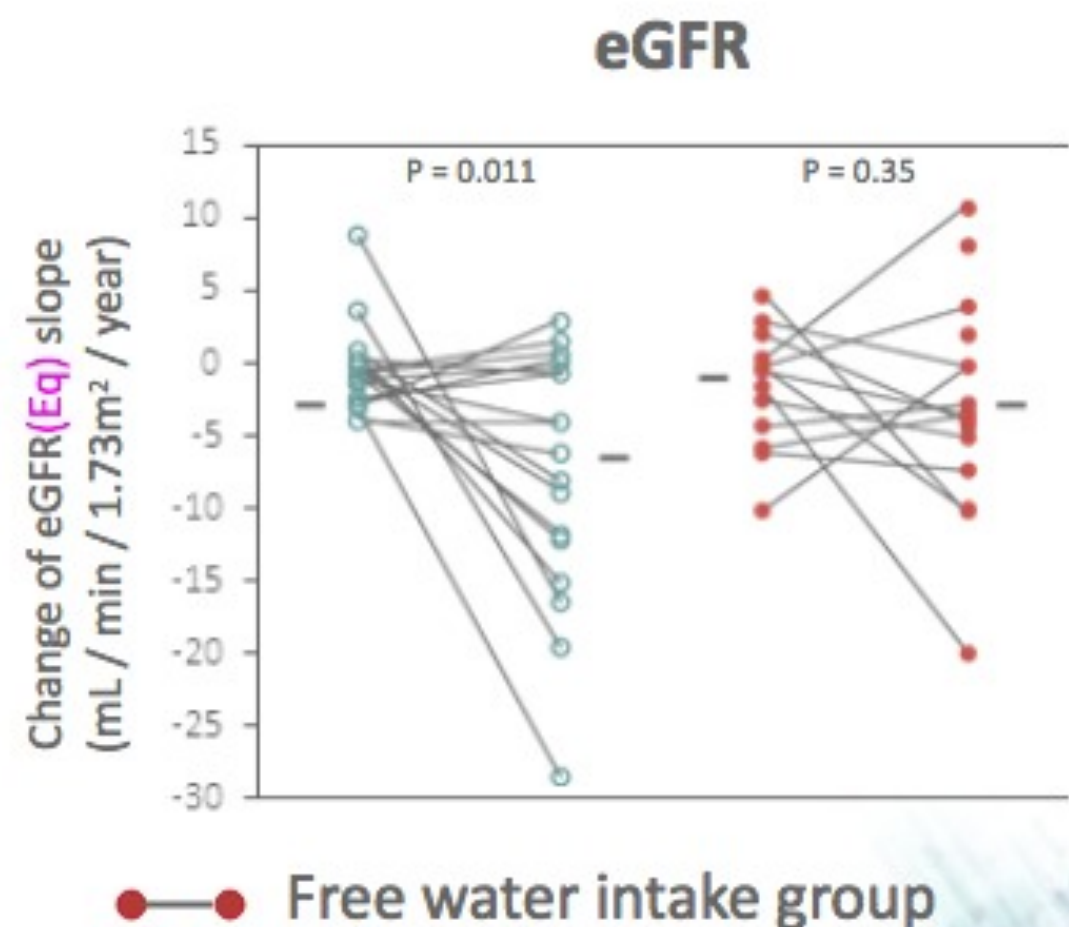
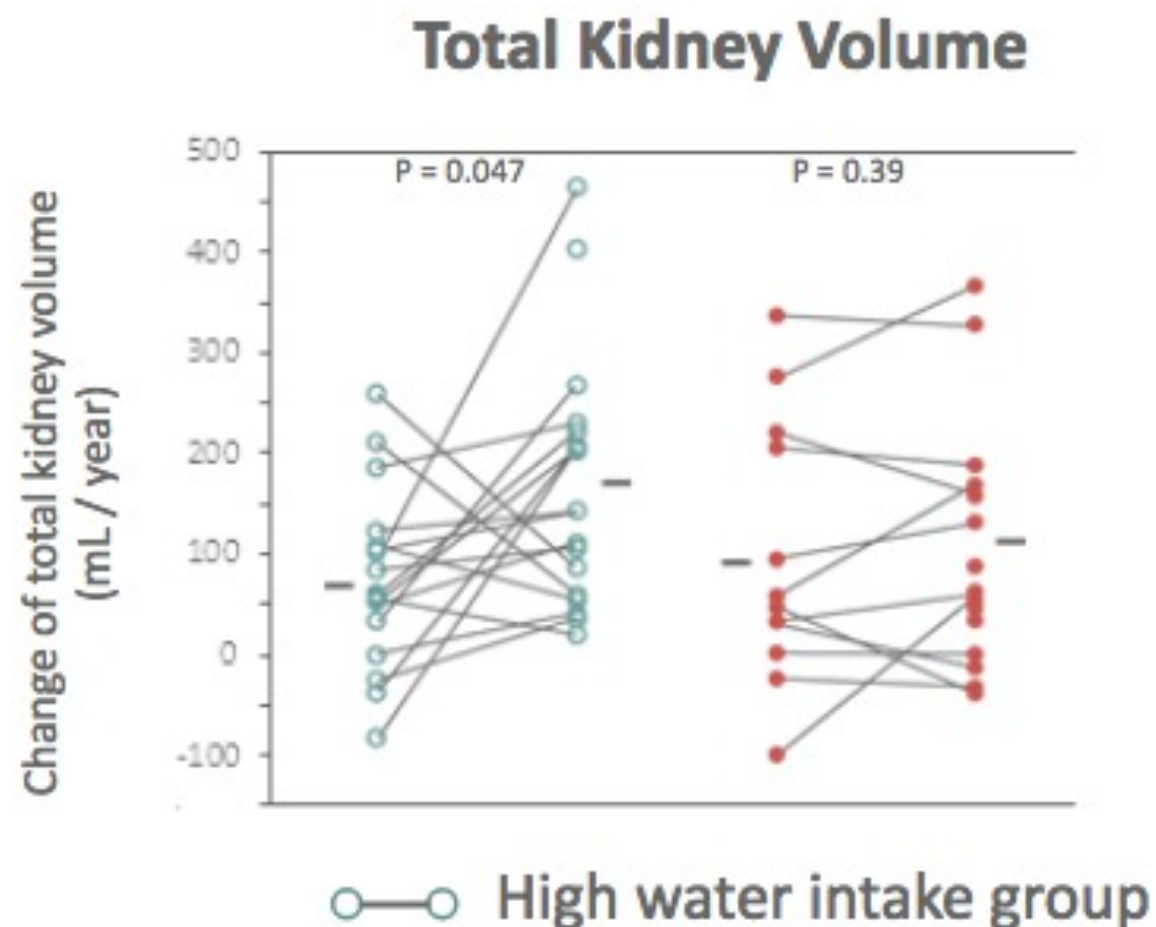
- Il n'en existe aucun
- Le sirolimus permet de ralentir la progression
- Le tolvaptan permet de ralentir la progression
- Le tolvaptan permet de renverser la maladie



Traitement pharmacologique

Apport en eau

- Pas de bénéfice clair

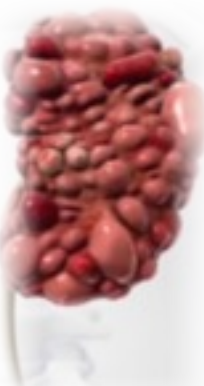


Traitement pharmacologique

Contrôle TA rigoureux

- Étude HALT-PKD A - 5 ans
 - < 50 ans, TFG_{Ge} > 60 mL/min/1,73m², ø co-morbidité CV

	< 110/75	< 130/80
VRT	5,6%	6,5%
↓ Albuminurie	3,8%	2,5%
↓ TFG _{Ge}	2,9	3

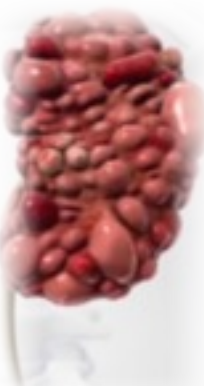


Traitement pharmacologique

Contrôle TA rigoureux

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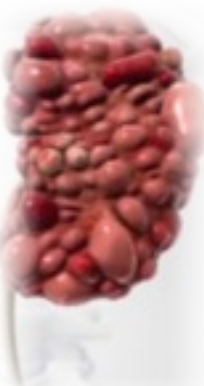
	< 110/75	< 130/80
VRT	5,6%	6,5%
↓ Albuminurie	3,8%	2,5%
↓ TFG _{Ge}	2,9	3



Traitement pharmacologique

Contrôle TA rigoureux

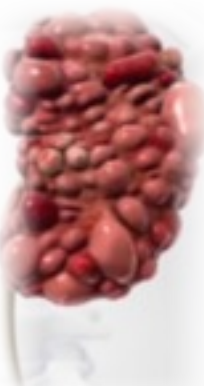
- Étude HALT-PKD B - Lisinopril + (Telmisartan vs placebo)
- < 50 ans, $TFGe > 60$ mL/min/1,73m², ø co-morbidité CV
- ø bénéfice



Traitement pharmacologique

Inhibiteurs mTOR

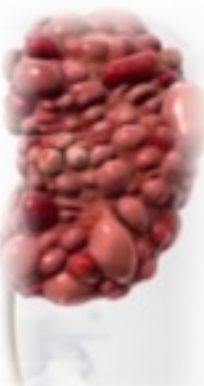
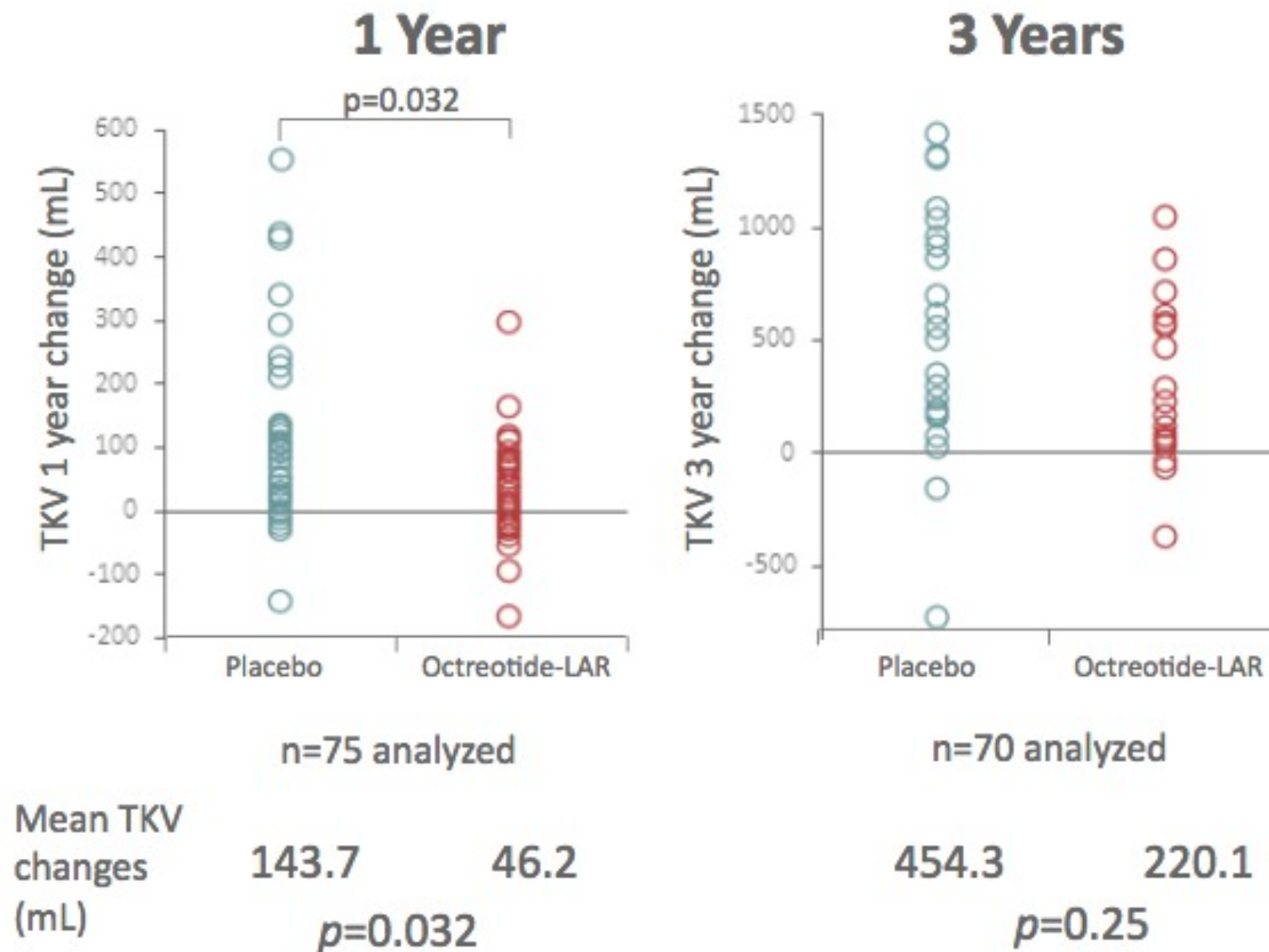
- Étude
 - mTOR fait croître kystes
 - À 18 mois, sirolimus sans effet sur VRT, TFGe
 - À 2 ans, everolimus sans effet sur VRT
 - Beaucoup de pertes au suivi
 - Étude trop courte?
 - Maladie trop avancée?



Traitement pharmacologique

Analogues somatostatine

- Étude ALADIN: octréotide



Traitement pharmacologique

Tolvaptan

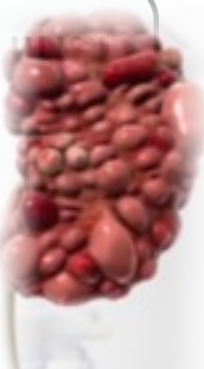
● Mécanisme

Bloc

- Transcription ADN
- Libération
- V₂R

AMPc

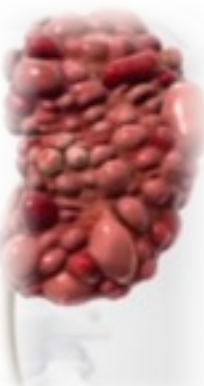
- Prolifération cellulaire kystes
- Sécrétion fluide endoluminal



Traitement pharmacologique

Tolvaptan

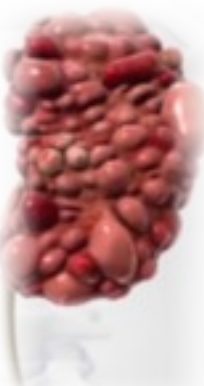
- Usage
 - Grosse dose AM, petite dose 8h plus tard
 - Initiale: 45-15 mg
 - Cible: 90-30 mg (si toléré)
- Boire
 - Polyurie



Étude TEMPO 3:4

Tolvaptan Efficacy and Safety in Management of Autosomal Dominant Polycystic Kidney Disease and Its Outcomes

- Phase III
- Distribution aléatoire
- Double insu
- 3 ans
- 1 145 patients
- Tolvaptan vs Placebo
 - Hydratation importante chez tous



Étude TEMPO 3:4

Tolvaptan Efficacy and Safety in Management of Autosomal Dominant Polycystic Kidney Disease and Its Outcomes

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- Distribution aléatoire
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- 1 145 patients
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Inclusion

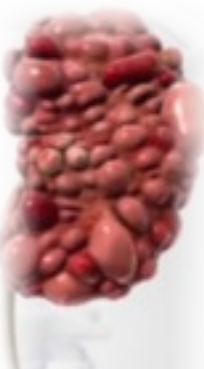
18 - 50 ans

VRT > 750 mL (IRM)

Cockroft > 60 mL/min

Cockroft > 60 mL/min

VRT > 750 mL (IRM)

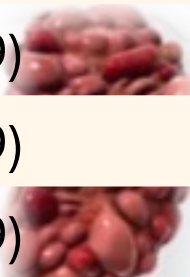


Étude TEMPO 3:4

Tolvaptan Efficacy and Safety in Management of Autosomal Dominant Polycystic Kidney Disease and Its Outcomes

Table 1. Demographic and Clinical Characteristics of the Patients at Baseline.*

Characteristic	Tolvaptan (N = 961)	Placebo (N = 484)
Male sex — no. (%)	495 (51.5)	251 (51.9)
Age — yr	39±7	39±7
Race — no. (%)†		
White	810 (84.3)	408 (84.3)
Asian	121 (12.6)	62 (12.8)
Other	30 (3.1)	14 (2.9)
Stratification factor — no. (%)		
Hypertension	765 (79.6)	382 (78.9)
Estimated creatinine clearance <80 ml/min	242 (25.2)	130 (26.9)
Total kidney volume <1000 ml	197 (20.5)	101 (20.9)
Medical history — no. (%)		



Hypertension	765 (79.6)	382 (78.9)
Estimated creatinine clearance <80 ml/min	242 (25.2)	130 (26.9)
Total kidney volume <1000 ml	197 (20.5)	101 (20.9)
Medical history — no. (%)		
Hematuria	338 (35.2)	164 (33.9)
Kidney pain	496 (51.6)	239 (49.4)
Nephrolithiasis	187 (19.5)	109 (22.5)
Urinary tract infection	290 (30.2)	164 (33.9)
Anemia	105 (10.9)	48 (9.9)
Proteinuria	233 (24.2)	116 (24.0)
Current medication — no. (%)		
Angiotensin-converting–enzyme inhibitor	419 (43.6)	199 (41.1)
Angiotensin-receptor blocker	307 (31.9)	165 (34.1)
Angiotensin-converting–enzyme inhibitor, angiotensin-receptor blocker, or both	683 (71.1)	350 (72.3)
Beta-blocker	171 (17.8)	94 (19.4)
Calcium-channel blocker	180 (18.7)	104 (21.5)
Diuretic	32 (3.3)	14 (2.9)



Étude TEMPO 3:4

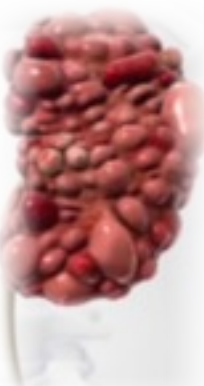
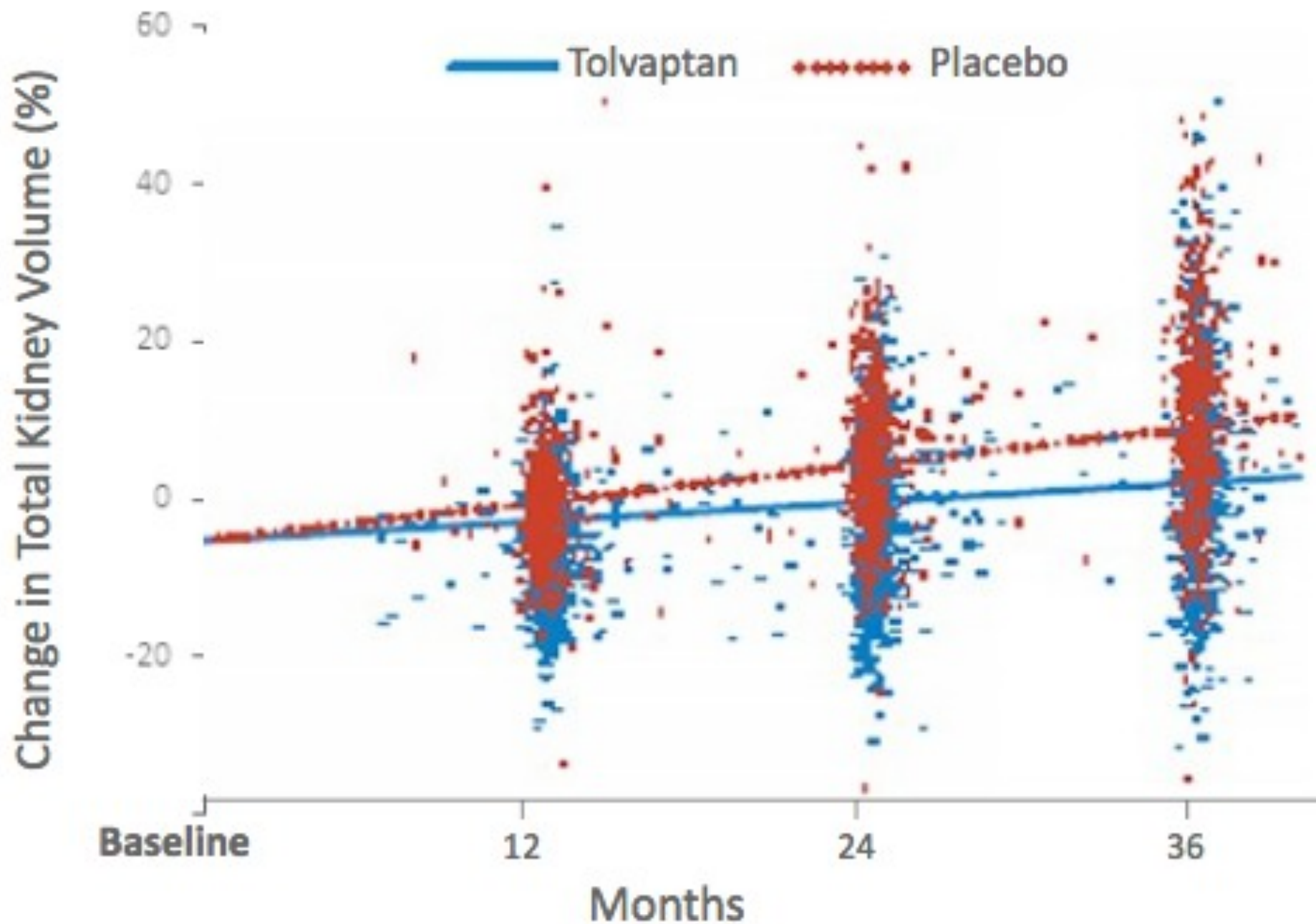
Tolvaptan Efficacy and Safety in Management of Autosomal Dominant Polycystic Kidney Disease and Its Outcomes

Table 1. (Continued.)

Characteristic	Tolvaptan (N = 961)	Placebo (N = 484)
Height — cm	173.5±10.4	173.6±7.8
Weight — kg	79±18	79±18
Blood pressure — mm Hg		
Systolic	128.6±13.5	128.3±13.5
Diastolic	82.5±9.9	82.5±9.3
Total kidney volume — ml	1705±921	1668±873
Height-adjusted total kidney volume — ml/m	979±515	958±483
Serum creatinine — mg/dl‡	1.05±0.30	1.04±0.32
Reciprocal of serum creatinine — (mg/ml) ⁻¹	102.27±27.21	104.30±35.60
Estimated creatinine clearance — ml/min§	104.08±32.76	103.80±35.60
Estimated GFR — ml/min/1.73 m ² ¶	81.35±21.02	82.14±22.73
Urinary albumin-to-creatinine ratio	7.2±14.3	8.6±21.7

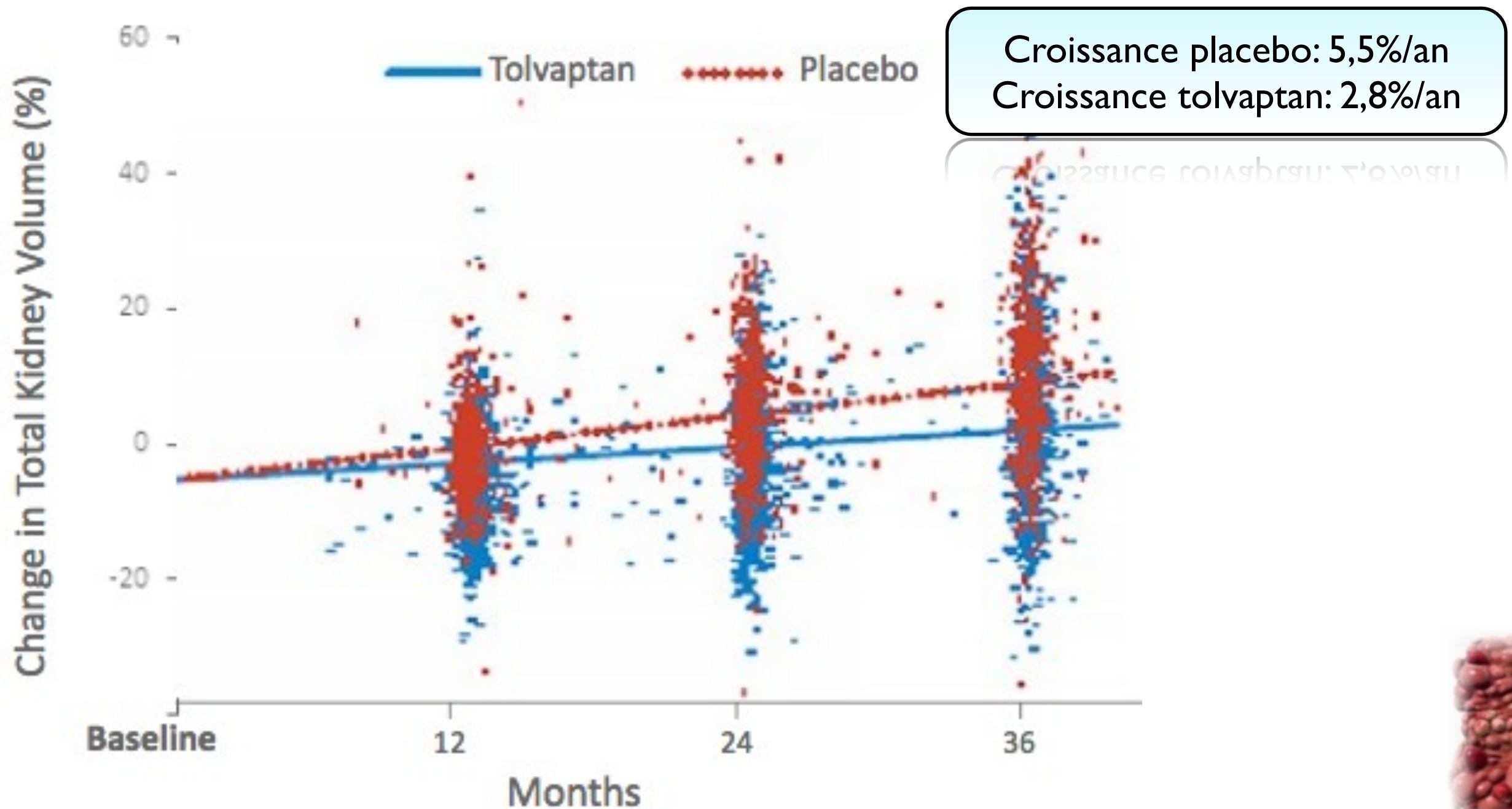
Étude TEMPO 3:4

Tolvaptan Efficacy and Safety in Management of Autosomal Dominant Polycystic Kidney Disease and Its Outcomes



Étude TEMPO 3:4

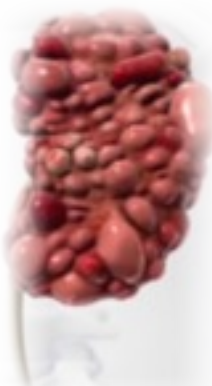
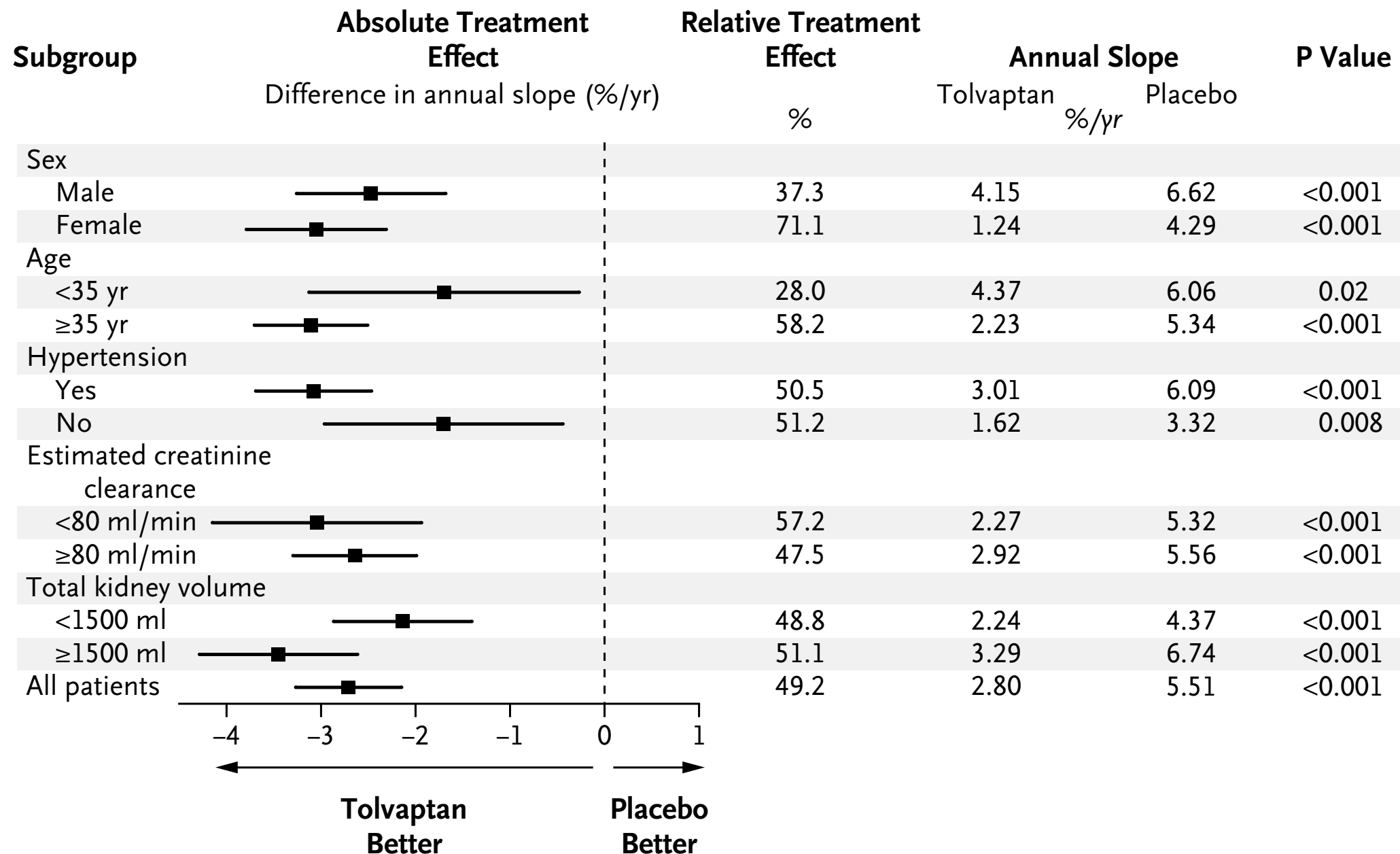
Tolvaptan Efficacy and Safety in Management of Autosomal Dominant Polycystic Kidney Disease and Its Outcomes



Étude TEMPO 3:4

Tolvaptan Efficacy and Safety in Management of Autosomal Dominant Polycystic Kidney Disease and Its Outcomes

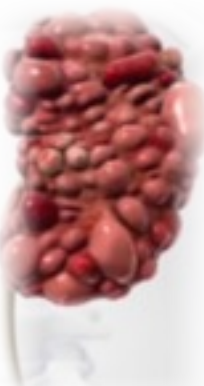
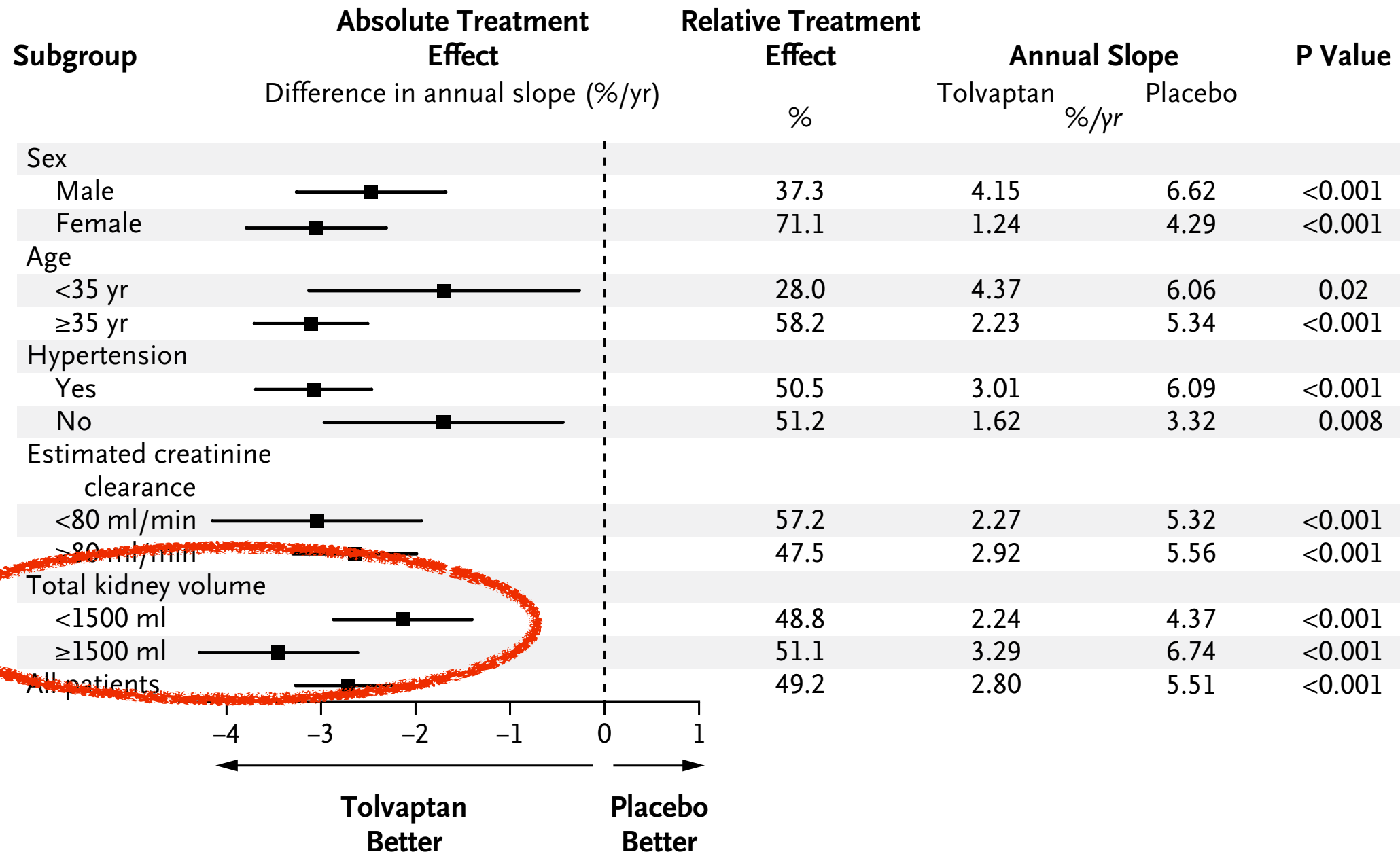
B Treatment Effect for Total Kidney Volume



Étude TEMPO 3:4

Tolvaptan Efficacy and Safety in Management of Autosomal Dominant Polycystic Kidney Disease and Its Outcomes

B Treatment Effect for Total Kidney Volume



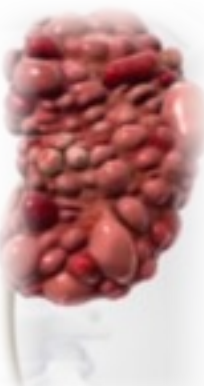
Étude TEMPO 3:4

Tolvaptan Efficacy and Safety in Management of Autosomal Dominant Polycystic Kidney Disease and Its Outcomes

- Mieux lorsqu'on s'attarde aux IC-IE

Classe : N (%)	2: 42 (3,1)		1B: 96 (7,4)		1C: 474 (37)		1D: 441 (34)		1E: 220 (18)	
	VRT	DFGe	VRT	DFGe	VRT	DFGe	VRT	DFGe	VRT	DFGe
Placebo	2,48	-1,66	3,25	-2,10	5,12	-3,59	6,62	-3,89	7,75	-4,93
Tolvaptan	2,27	-1,34	1,23	-1,79	1,79	-2,32	3,03	-2,99	4,96	-3,46
Valeur p	0,88	0,75	0,023	0,64	<0,0001	<0,0001	<0,0001	0,007	<0,0001	<0,0001

- ↓ TFGGe -2,7 vs -3,7



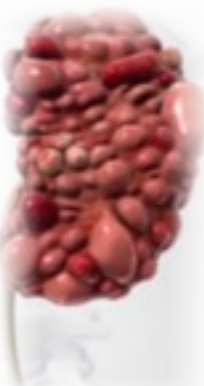
Étude TEMPO 3:4

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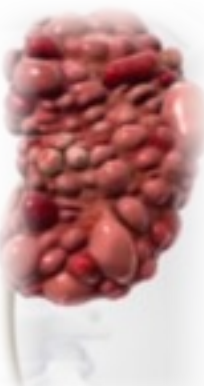
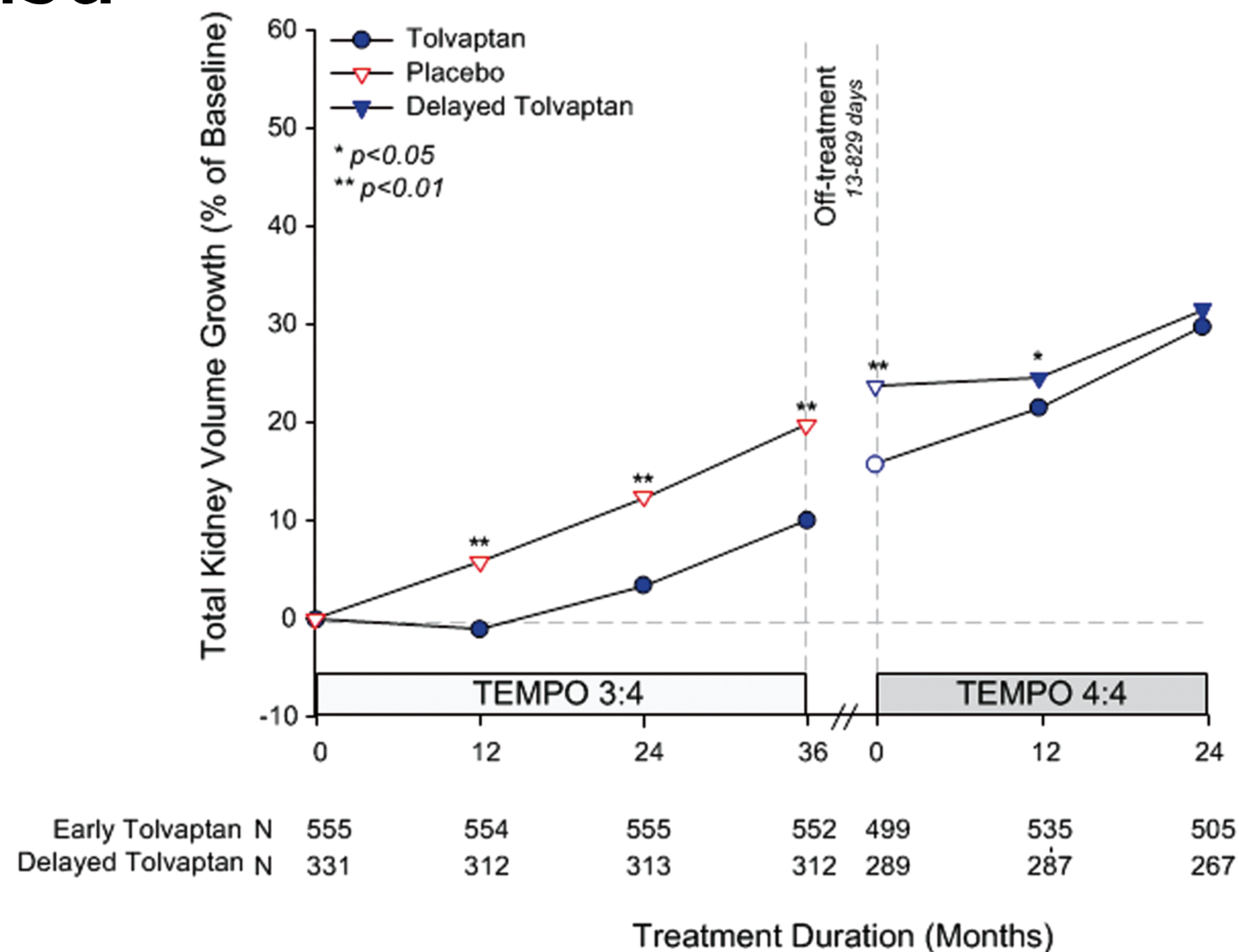
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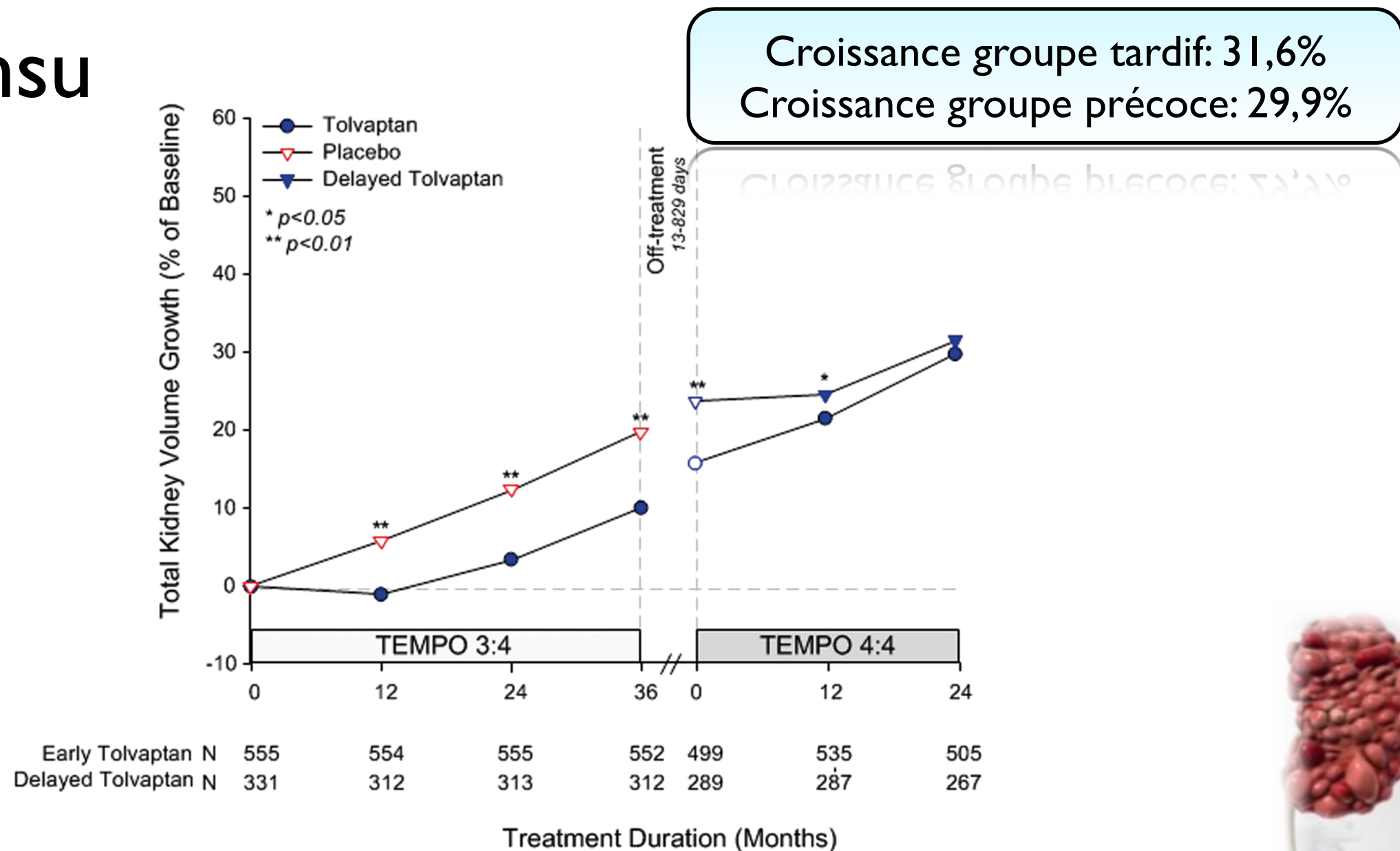
Étude TEMPO 4:4

- Prolongation de 2 ans de TEMPO 3:4
- ∅ insu



Étude TEMPO 4:4

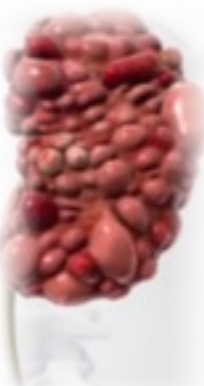
- Prolongation de 2 ans de TEMPO 3:4
- ∅ insu



Étude REPRISE

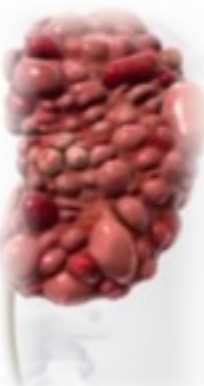
Replicating Evidence of Preserved Renal Function: An Investigation of Tolvaptan Safety and Efficacy in ADPKD

- Objectifs
 - Confirmer le bénéfice de tolvaptan en IRC plus avancée
 - Confirmer l'innocuité hépatique du tolvaptan et la sécurité de la surveillance mensuelle



Inclusion

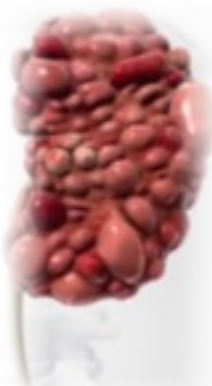
	TEMPO 3:4	REPRISE
Âge	18 - 50 ans	18 - 55 - ou - 56 - 66 avec TFGe 25-44 et déclin > 2mL/min/an
VRT	TKV > 750 mL	-
TFG	> 60 mL/min	25 - 65 mL/min
Issue 1 ^o	VRT	TFGe



Résultats

Table 1. Demographic and Clinical Characteristics at Baseline and Safety Profile during the Single-Blind Tolvaptan Period.*

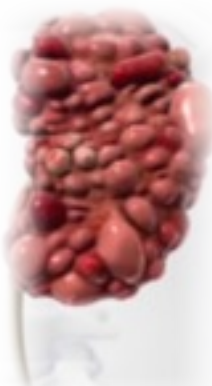
Characteristic	Tolvaptan Group (N = 683)	Placebo Group (N = 687)
Age — yr	47.3±8.2	47.2±8.2
Male sex — no. (%)	347 (50.8)	333 (48.5)
Height — cm	174±10	173±10
Weight — kg	84.6±19.9	81.6±19.3
Body-mass index	28.0±5.8	27.7±5.6
Race — no. (%)†		
White	626 (91.7)	632 (92.0)
Asian	22 (3.2)	19 (2.8)
Black	25 (3.7)	23 (3.3)
Other	10 (1.5)	13 (1.9)
Family history of polycystic kidney disease — no./total no. (%)	514/679 (75.7)	529/687 (77.0)
Blood pressure — mm Hg		
Systolic	129.3±13.8	129.9±14.5
Diastolic	82.1±9.6	82.6±9.7
Estimated GFR — ml/min/1.73 m ² ‡	40.7±10.9	41.4±11.2
Chronic kidney disease stage — no./total no. (%)		
2	32/683 (4.7)	39/684 (5.7)
3a	209/683 (30.6)	202/684 (29.5)
3b	303/683 (44.4)	315/684 (46.1)
4	139/683 (20.4)	128/684 (18.7)
Hypertension — no. (%)§	634 (92.8)	640 (93.2)
Current use of RAAS inhibitor — no. (%)	595 (87.1)	581 (84.6)
History of kidney pain — no. (%)	338/675 (50.1)	344/679 (50.7)
Dose at end of single-blind tolvaptan period — no. (%)		
60 mg in morning and 30 mg in afternoon	118 (17.3)	124 (18.0)
90 mg in morning and 30 mg in afternoon	565 (82.7)	563 (82.0)



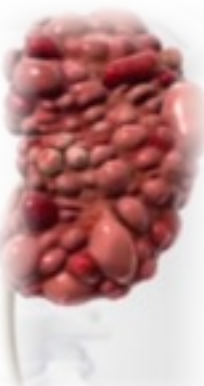
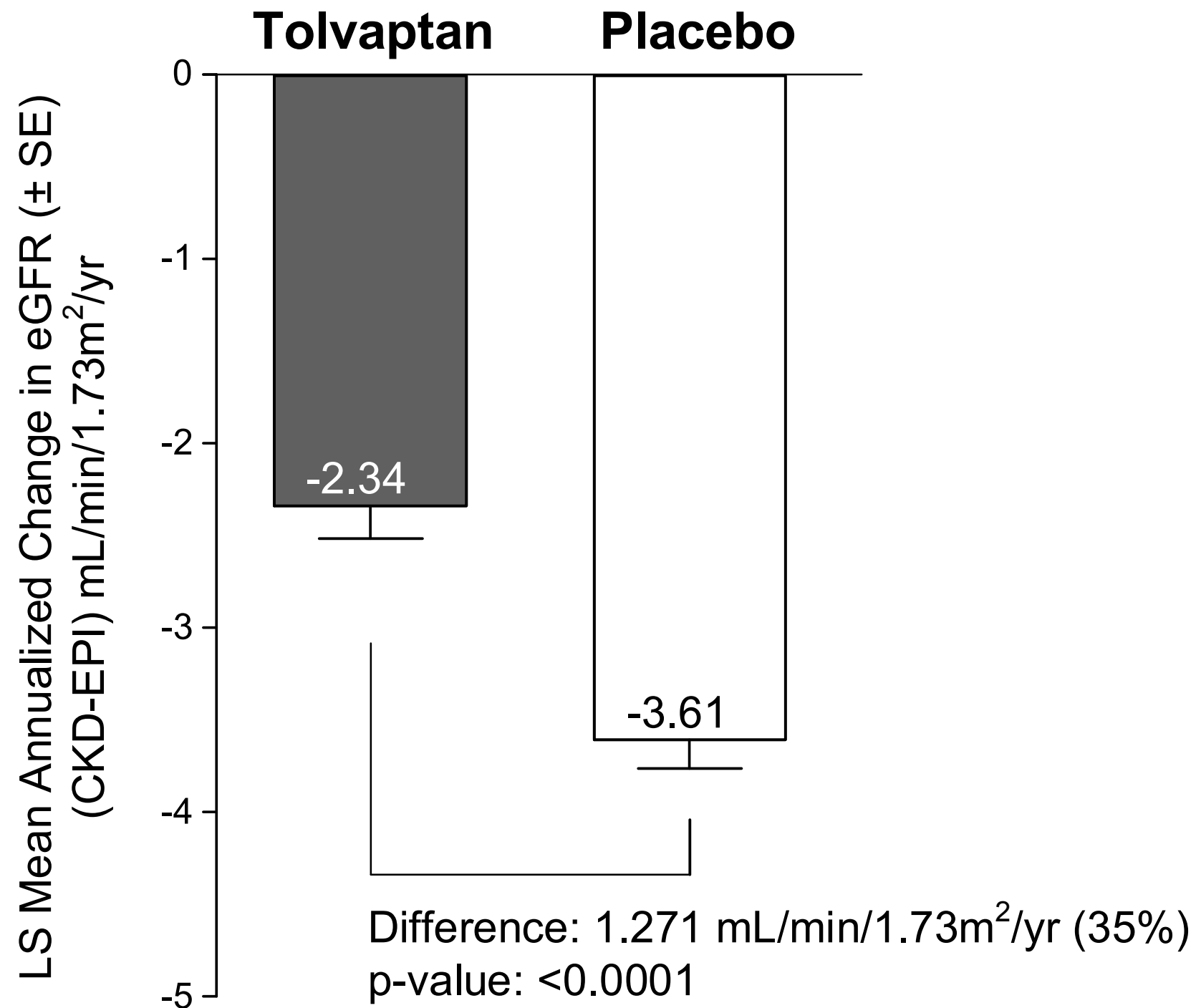
Résultats

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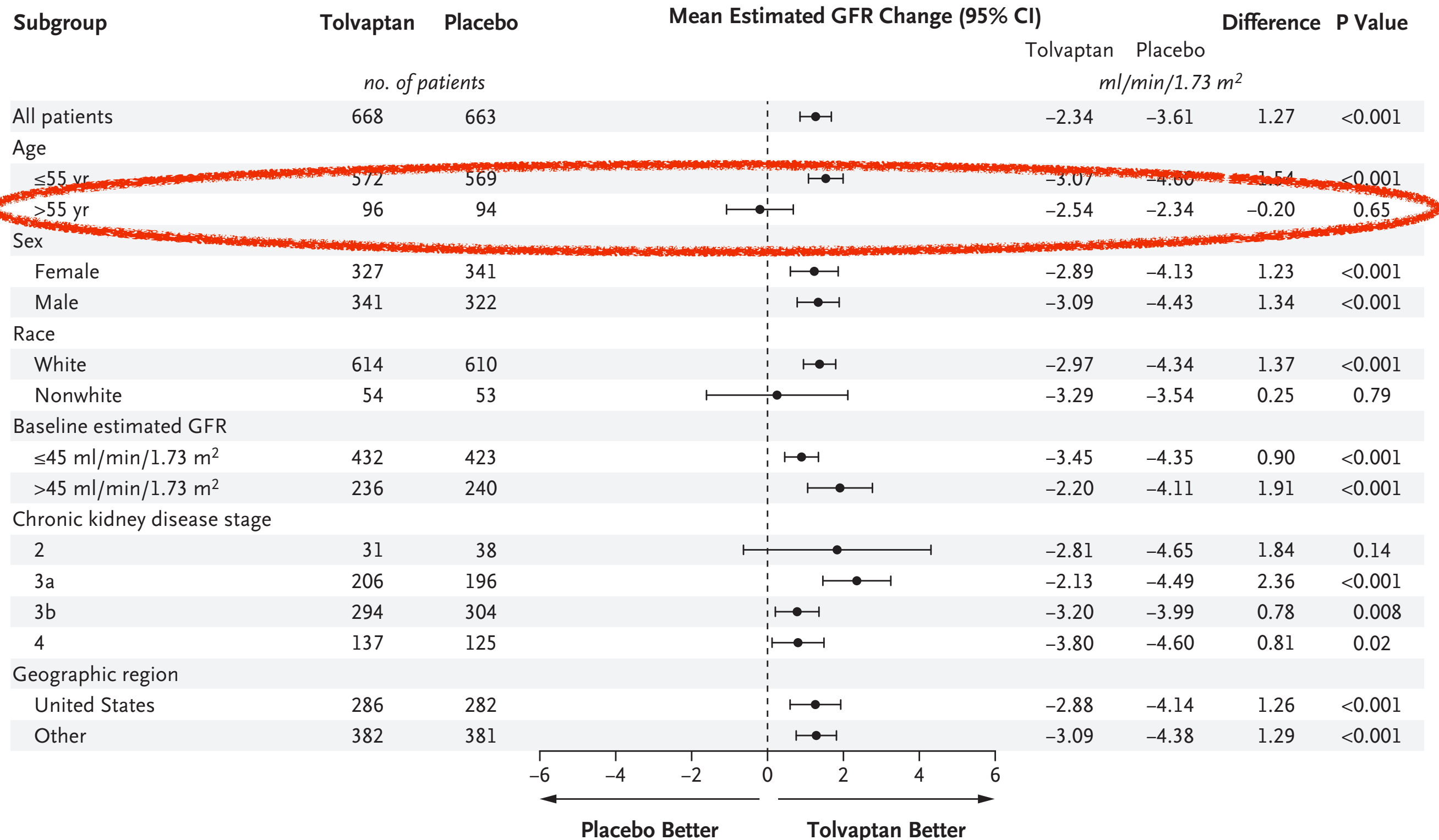


Résultats



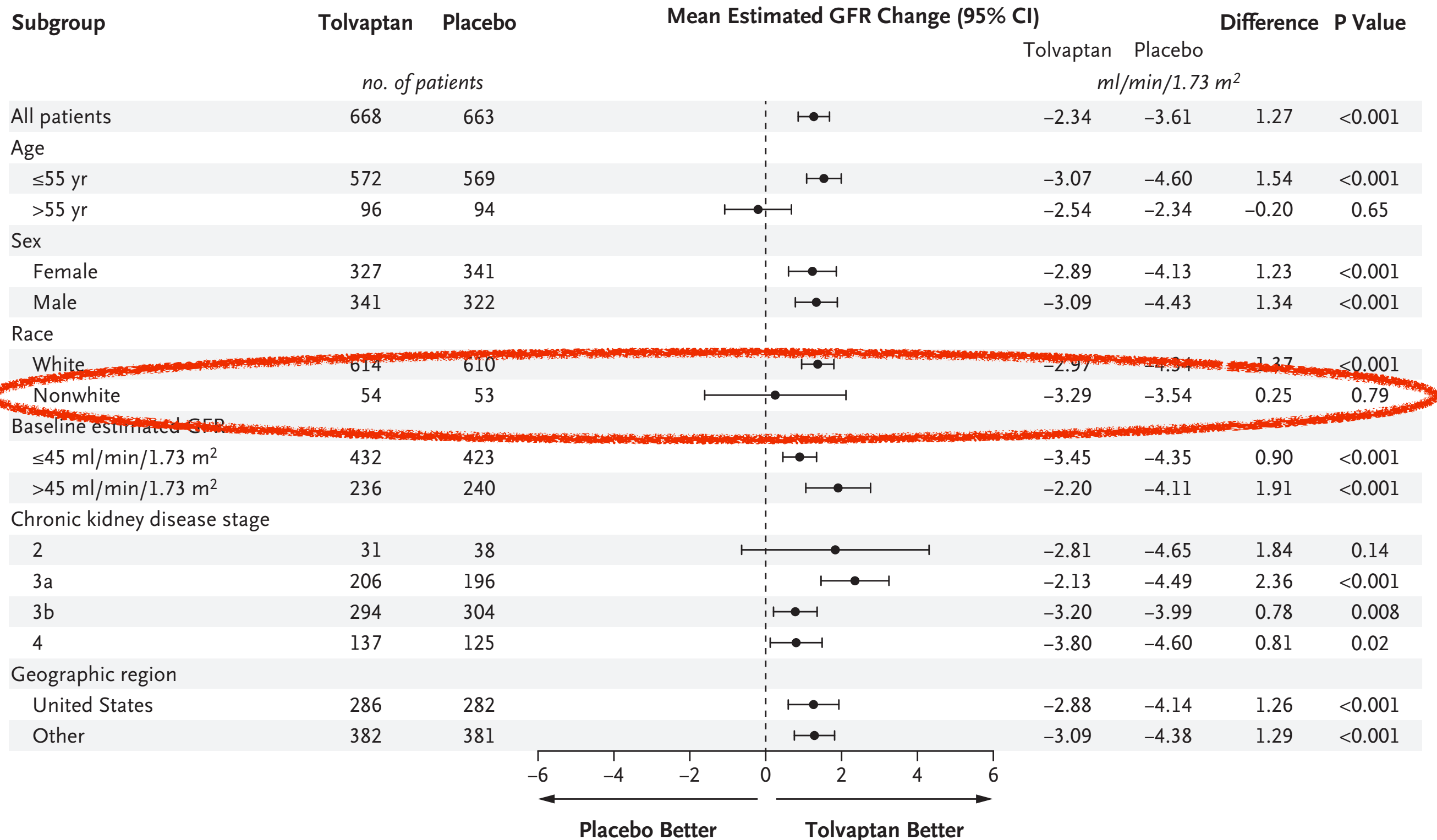
Résultats

A Subgroup Analyses



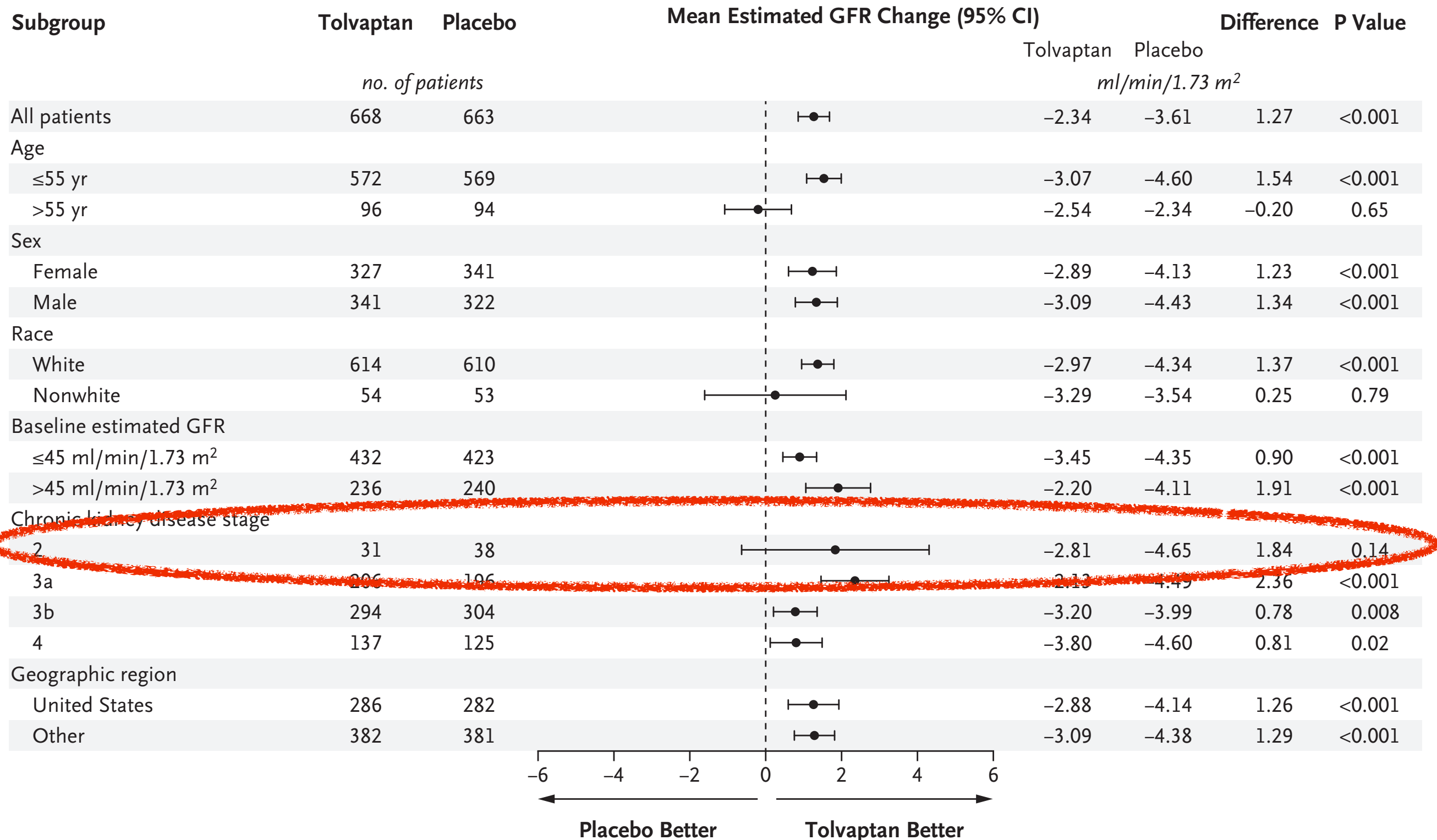
Résultats

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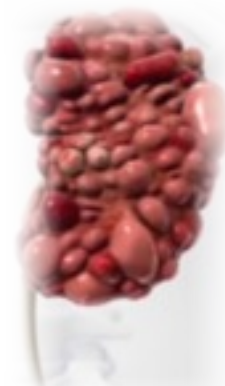
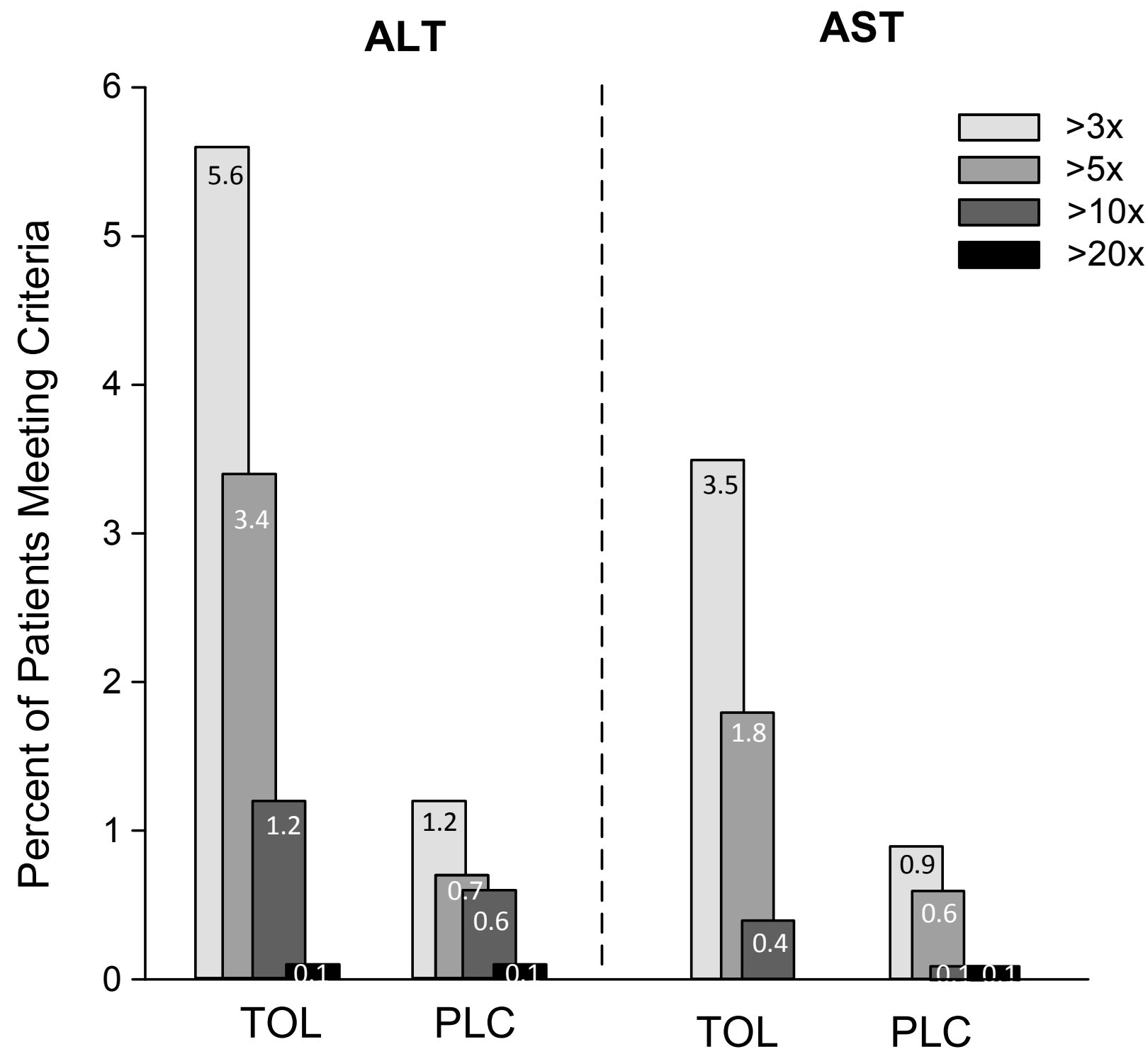
Résultats

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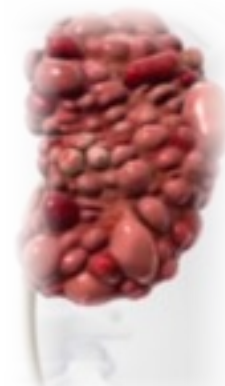
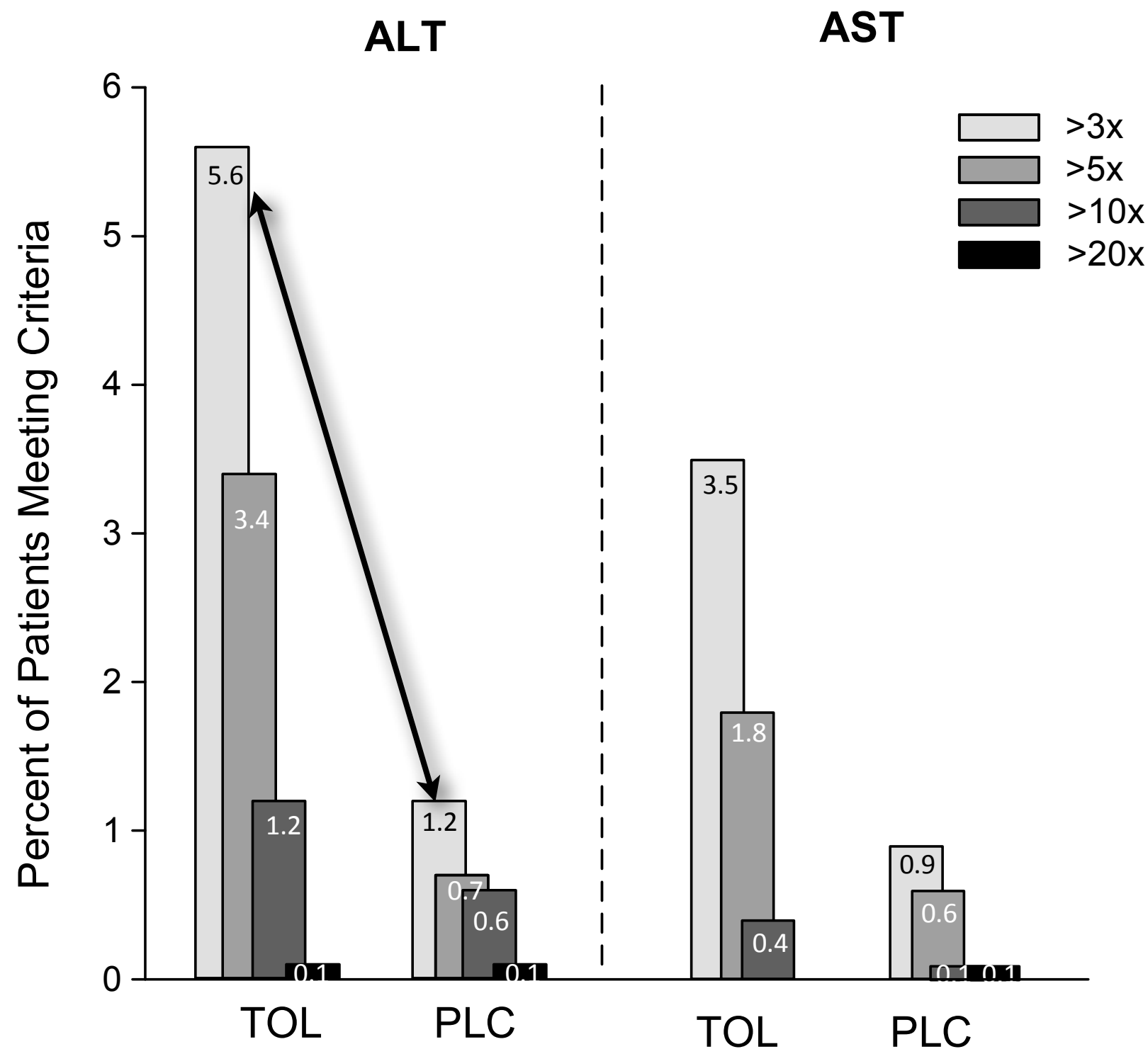
Résultats

Inocuité



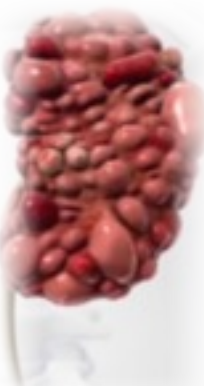
Résultats

Inocuité



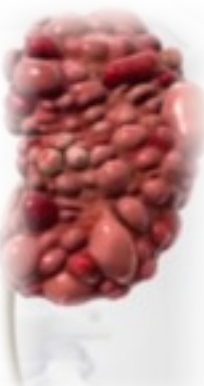
Résumé

- Étude prospective, randomisée, contrôlée, à double insu
- Portant sur des sujets avec IRC plus avancée et des sujets plus âgés
- Bénéfice à 1 an comparable à l'étude TEMPO 3:4
- Sécuritaire



Traitement

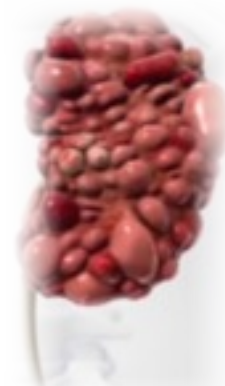
- Autres agents à l'étude
 - Triptolide
 - Bosutinib
 - PD98059
 - EKI-785
 - Sirolimus, everolimus
 - Roscovitine
 - Etanercept



Traitement

Résumé

- Viser TA < 110/75 mm Hg (HALT-PKD)
 - Si < 50 ans et TFG_{Ge} > 60 mL/min/1,73m² sans co-morbidité CV
 - Viser TA < 110/75 mm Hg
- Tolvaptan si (TEMPO 3:4)
 - 18-50 ans
 - Cockcroft > 60 mL/min (CKD-EPI > 45 mL/min)
 - VRT > 750 mL (Écho longueur > 16,5 cm)
 - Mayo ID et IE (IC si autres facteurs de risque)



Conclusion

- Maladie autosomale dominante (PKD1 et PKD2) affectant ~ 0,1% des Canadiens
 - 4^e cause d'IRC terminale
- Plusieurs manifestations rénales et extra-rénales
- Risque d'IRCT selon classification de Mayo
 - Outil de décision thérapeutique
- Traitement
 - Tolvaptan: étudié dans TEMPO et REPRISE
 - Gain de volume ralenti de 49% / 3 ans
 - Perte de TFGe ralentie de 1,3 mL/min/an p/r placebo
 - Sécuritaire: surveillance mensuelle du bilan hépatique

